

From: Paul Tibbits [PTibbits@diabetes.org]  
Sent: Friday, March 25, 2005 4:21 PM  
To: EBSA, E-OHPSCA - EBSA  
Cc: Holly Whelan; Kelly Montgomery  
Subject: Attn: Benefit-Specific Waiting Period Comments

Attachments: RFIInfo.Ben.Sp.Waiting.Period.doc

Please find attached comments from the American Diabetes Association.

Paul Tibbits Jr.  
Director, Policy and Strategic Alliances  
American Diabetes Association  
1701 N. Beauregard Street  
Alexandria, VA 22311  
P - (703) 549-1500  
F - (703) 549-8748

American Diabetes Association  
Cure. Care. Commitment.

Visit us at <http://diabetes.org>  
Or Call 1-800-DIABETES (800-342-2383)

From: Paul Tibbits [PTibbits@diabetes.org]  
Sent: Friday, March 25, 2005 4:22 PM  
To: EBSA, E-OHPSCA - EBSA  
Cc: Holly Whelan; Kelly Montgomery  
Subject: Attn: Proposed Portability Requirements

Attachments: Toll.Reg.Comment.doc

Please find attached comments from the American Diabetes Association.

Paul Tibbits Jr.  
Director, Policy and Strategic Alliances  
American Diabetes Association  
1701 N. Beauregard Street  
Alexandria, VA 22311  
P - (703) 549-1500  
F - (703) 549-8748

American Diabetes Association  
Cure. Care. Commitment.

Visit us at <http://diabetes.org>  
Or Call 1-800-DIABETES (800-342-2383)

From: Joe Pisacano [j55n57@hotmail.com]  
Sent: Saturday, January 22, 2005 11:41 AM  
To: EBSA, E-OHPSCA - EBSA

I wanted to get the facts on what full time employees are entitled to as far as health benefits. The office that I work in has two full time employees, one is part of a family, the other is a single mother who only has coverage on herself. My question is is the employer required to cover the same amount of coverage for both employees or can he pay what he wants for each one on an individual basis. In other words, is he required to set a "standard" for the office?

From: Kathleen Stoll [kstoll@familiesusa.org]

Sent: Wednesday, March 30, 2005 4:14 PM

To: EBSA, E-OHPSCA - EBSA

Cc: Chervonne Colon; Ron Pollack; Sonya Schwartz; mk262@georgetown.edu

Subject: Comments: HIPAA Titles I & IV - RFI on Benefit-Specific Waiting  
P eriods

Attachments: Request for Information Comments Final.doc

Attached please find comments in response to the Request for Information on Benefit-Specific Waiting Periods Under HIPAA Titles I and IV. An e-mail verification of receipt would be much appreciated. Four courtesy copies also will be delivered to the Internal Revenue Service courier desk by 5:00 pm today.

Thank you

Kathleen D. Stoll

on behalf of Families USA and all signatories to the attached comments

Kathleen D. Stoll

Director of Health Policy

Families USA

1201 New York Avenue, NW

Suite 1100

Washington, DC 20005

202-628-3030

kstoll@familiesusa.org

From: Anne Lennan [anne@sbatpa.com]  
Sent: Wednesday, March 30, 2005 10:51 AM  
To: EBSA, E-OHPSCA - EBSA  
Subject: Comments on Proposed Health Portability

Attachments: Comments Prop HIPAA.doc

Below and in the attachment are SPBA's comments on the notice of proposed rulemaking for health coverage portability. The attachment is in Microsoft Word format.

Please acknowledge receipt of this email.

March 30, 2005

Employee Benefits Security Administration  
Department of Labor

These comments on the notice of proposed rulemaking for health coverage portability (29 CFR Part 2590) are submitted on behalf of the Society of Professional Benefit Administrators (SPBA).

SPBA is the national association of Third Party Administration (TPA) firms that are hired by employers and employee benefit plans to provide outside professional management of their employee benefit plans. The relationship is similar to the situation when a law firm or CPA firm is hired on a long-term basis to provide services. It is estimated that 66% of US workers in non-federal health coverage are in plans administered by some form of TPA. The clients of TPA firms include every size and format of employment, including large and small employers, state/county/city employees, union, non-union, and employees of religious groups. 400 TPA firms are currently members of the SPBA, covering an estimated 55% of non-federal US employees in benefit plans.

### Rules Relating to Creditable Coverage

The proposed rule to extend the starting date to determine a significant break in coverage when a certificate of creditable coverage is not provided on or before the day coverage ceases is not workable and should not be adopted. Under this proposal, the significant break in coverage period does not begin until the earlier of the provision of a certificate of coverage, or 44 days after coverage ceases.

The proposed rule would bring a high degree of uncertainty into determining when the significant break in coverage begins. Health benefit plans must know the exact date that a significant break in coverage begins. TPAs report that unless they can prove a beginning date for a significant break in coverage, stop-loss carriers will not honor the stop-loss policy and provide reimbursements. Under the current rule, health benefit plans look to the date coverage ended, which is stated clearly on the certificate of creditable coverage.

The provision date in the proposed rule (“the date that a certificate of creditable coverage with respect to that cessation is provided”) is unclear. What does it mean for the certificate of creditable coverage to be provided? Is this the date the certificate of creditable coverage is postmarked? Is this the date the certificate of creditable coverage is received by the individual? Is this the date the certificate of creditable coverage was completed by the issuing plan? All three of these possibilities pose problems.

If the date of provision is the postmark date, then the plan receiving the certificate would need to see the envelope that was used to mail the first certificate of creditable coverage to verify the date. However, the envelope will not be acceptable to the stop-loss carrier as individuals could lose the first certificate they receive and request the former plan to send another certificate of creditable coverage. The envelope postmark date would reflect the second mail date and therefore would not be an accurate indicator of the first date that the certificate of creditable coverage was provided. TPAs report that they often must produce additional certificates of creditable coverage for the same individual because the first one sent was lost or the dog destroyed the certificate.

If the date of provision is the date the individual received the certificate, there would be no way to verify this date.

If the date of provision is the date the certificate of creditable coverage was completed by the plan, this would not be reliable. For the same reasons mentioned above, plans often must reissue a certificate of creditable coverage and the date placed on the certificate would be the most recent issue date.

The proposed rule presents savvy individuals with an easy way to toll a significant break by telling the new plan that they simply never received a certificate of creditable coverage. This would place the new plan in a very awkward situation. If the new plan called the prior plan and was told that standard procedures were followed, the new plan would not know whether the old plan made an administrative error and failed to send the certificate or if the individual simply lost the envelope with the certificate before opening it. The new plan has no way of proving to the stop-loss carrier that a certificate was not actually received.

We recognize that the Departments are concerned about individuals who do not learn of the termination of their coverage until well after the termination occurs and that this proposed rule was designed to address this situation. In most cases however, the individual is aware that termination from their health coverage has occurred, even though a certificate has not been issued. Most events that trigger a loss of coverage are well known to individuals: termination of employment, reduction in hours, or an individual’s failure to pay the premium. The Departments have fashioned a rule to address an infrequent event, namely an employer’s or insurer’s failure to issue a certificate, that will turn the administration of certificates and determining when significant breaks of coverage occur into a nightmare for all health plans subject to the rules.

We strongly urge the Departments to drop the proposed rule that would expand the significant break in coverage rules.

## Applying for Special Enrollment

The proposed rule that would permit individuals to preserve their right to a special enrollment period by making an oral request to the plan administrator, the insurance issuer, the TPA, or any other designated representative is unworkable and must not be adopted.

We understand that the Departments would like an individual to be able to make a last minute decision to request special enrollment without being hindered by any written application forms. However, oral notifications are very problematic because employers do not have sound procedures for handling oral requests or for conveying oral requests to their TPAs for processing. Even if employers did have procedures in place, oral requests would be a constant trap for well-intentioned employers, with employees claiming that they made an oral request when none was made.

Instead of oral requests, we suggest that the notification of the intent to enroll be provided with a very short written request, as simple as, "I request a special enrollment," with a signature and a date. The application form would follow shortly thereafter and the individual would be given a reasonable time to complete the form.

We strongly urge the Departments not to require plans to honor oral requests.

The section of the proposed rule entitled applying for special enrollment also needs to be changed to accommodate eligibility and enrollment procedures of employee benefit plans. Under the proposed rule, any written request made to the plan administrator, the insurance issuer, the TPA, or any other designated representative would constitute a request for enrollment. TPAs typically do not interface directly with the clients' plan participants for enrollment purposes. The entity who customarily handles claim administration for a plan does not customarily handle enrollment. Claims administration and enrollment are two very different functions in the employee benefits world. The regulation should not dictate to whom a request for enrollment can be made and overstep the procedures TPAs and their clients have in place.

We strongly urge the Departments to eliminate references to specific entities who must handle a request for enrollment. Instead, the language should provide that any written request made to the plan's designated enrollment representative will constitute a request for enrollment.

## Tolling of Period for Requesting Special Enrollment

The proposed rule extending the time period an individual has to request a special enrollment based on when the individual was provided with a certificate of creditable coverage is replete with problems. It is impossible for plans to know with any certainty when the certificate is provided, for all the reasons noted above concerning the significant break in coverage.

We strongly urge the Departments not to adopt the proposed rule on tolling the period for requesting

special enrollment.

## Special Rules for Certificates of Creditable Coverage

Under the proposal, if an employer switches from a self-funded plan to a fully-insured plan and no participants lose coverage under the plan, the self-funded plan would need to issue certificates of creditable coverage to the participants. This would be very confusing to plan participants who would mistakenly believe that they were losing coverage under the employer's plan, when in reality they would not be losing employer plan coverage.

Under current practice, plans provide the necessary information to the new plan so that the new plan can provide accurate certificates in the future. In some cases, the prior plan provides the information using certificates but does not actually issue the certificates to plan participants. The current practice is working well and should not be altered.

We strongly urge the Departments not to require plans to issue certificates of creditable coverage to participants when they are changing benefit plans of the same employer as this will only cause confusion and frustration for plan participants.

## Interaction with the Family and Medical Leave Act

The proposed rule permitting an individual to demonstrate FMLA leave for purposes of tolling a significant break in coverage should be changed to be more similar to the rules for demonstrating creditable coverage. Under the proposed rule, a plan must treat an individual as having been on FMLA leave for a period if the individual attests to the period of FMLA and the individual cooperates with the plan's efforts to verify the individual's FMLA leave. This is not enough assistance for the plan to make a determination that an individual has been on a period of FMLA leave and will make it impossible for the plan to verify a FMLA leave to the stop-loss carrier.

The proposed rule must be changed to require the individual to present the FMLA leave letter from the employer showing the beginning date of FMLA leave, or other corroborating evidence demonstrating the need for FMLA leave, such as medical certifications, or a birth certificate, in addition to the items required in the proposed rule.

Thank you for considering these comments.

Anne C. Lennan  
Vice President  
SPBA  
Two Wisconsin Circle, Suite 670  
Chevy Chase, MD 20815  
(301) 718-7722

From: Mlawsky, David (CMS)  
Sent: Tuesday, May 03, 2005 2:58 PM  
To: Johnson, Gwendolyn (CMS)  
Subject: FW: Determining a multiemployer health plan's "Waiting Period"  
fo r HIPAA Portability purposes

Per my previous e-mail..

---

From: Turner, Amy - EBSA [mailto:Turner.Amy@dol.gov]  
Sent: Thursday, April 28, 2005 9:12 AM  
To: Mlawsky, David (CMS)  
Subject: FW: Determining a multiemployer health plan's "Waiting Period" fo r HIPAA Portability  
purposes

comment #32

-----Original Message-----

From: David Pittman [mailto:dpittman@zenithtpa.com]  
Sent: Wednesday, April 27, 2005 4:52 PM  
To: EBSA, E-OHPSCA - EBSA  
Subject: Determining a multiemployer health plan's "Waiting Period" for HIPAA Portability  
purposes

The guidance provided in the rule (Example 5 under 2590.701-3(a)(3)(iii)) is useful, but does not take the place of a rule that could be easily applied to other multiemployer health plans with dissimilar rules.

For example, I know a plan under which a participant becomes eligible on the first day of the calendar month after working 800 hours in covered employment during any period of up to 12 consecutive months. If I work 100 hours in January, and then 200 hours in each month starting in February, I will become eligible June 1 because I worked at least 800 hours during the period ending May 31. Did my waiting period start in January even though I didn't need any of those 100 hours in order to become eligible? Suppose I had worked those 100 hours during the previous July instead of January, but then worked no hours in August through January, and then a total of 800 hours in February - May. Would my waiting period start back in July even though I didn't need any of those 100 hours to become eligible? For a plan like this, I would suggest that one should count backwards from the end of the qualifying period, and include in the waiting period only the minimum number of months (or weeks

or however the qualifying periods are defined) necessary to satisfy the initial eligibility requirement.

Reinstatement rules present another problem. A participant might be covered January - March but lose coverage on April 1, and then become covered again on May 1 based on hours worked in February through April. In that case, should February and March be part of the waiting period even though the participant was covered? I would suggest that periods during which an individual has active employee coverage (as opposed to COBRA coverage) under a plan should never be included in a waiting period for that same plan.

In the absence of further guidance, I expect that multiemployer health plans will make up their own rules to address these situations.

David Pittman  
Director of Compliance  
Zenith Administrators  
5565 Sterrett Place, Suite 210  
Columbia MD 21044  
410-884-1416 (voice)  
410-964-3561 (fax)

From: Turner, Amy - EBSA [Turner.Amy@dol.gov]  
Sent: Monday, March 14, 2005 4:27 PM  
To: EBSA, E-OHPSCA - EBSA  
Subject: FW: HIPAA Portability Comment Letter

Importance: High

Attachments: HIPAA Portability Comment Letter 3-14-05.doc

-----Original Message-----

From: Turner, LaDonna [mailto:Lturner@ahip.org]  
Sent: Monday, March 14, 2005 4:26 PM  
To: dmlawsky@cms.hhs.gov; turner.amy@dol.gov; russ.weinheimer@irs.gov  
Subject: HIPAA Portability Comment Letter  
Importance: High

Attached you will find comments regarding Final Regulations for Health Coverage Portability, Including Public Health Plans of a Foreign Country as "Creditable Coverage."

<<HIPAA Portability Comment Letter 3-14-05.doc>>

---

LaDonna C. Turner  
America's Health Insurance Plans  
601 Pennsylvania Ave., NW  
South Bldg., Suite 500  
Washington DC 20004  
202 778-3258 (p)  
202 861-1445 (f)  
lturner@ah <mailto:lturner@aahp.org> ip.org

America's Health Insurance Plans is a national trade association representing nearly 1,300 member companies providing health benefits to more than 200 million Americans. For more information please visit [www.ahip.org](http://www.ahip.org) <<http://www.ahip.org>>

From: Mlawsky, David (CMS)  
Sent: Tuesday, May 03, 2005 2:58 PM  
To: Johnson, Gwendolyn (CMS)  
Subject: FW: Proposed Portability Law Change

Per my previous e-mail.

---

From: Turner, Amy - EBSA [mailto:Turner.Amy@dol.gov]  
Sent: Thursday, April 28, 2005 9:12 AM  
To: Mlawsky, David (CMS)  
Subject: FW: Proposed Portability Law Change

comment #33

-----Original Message-----

From: Becky Henderson [mailto:beckyh@imala.com]  
Sent: Tuesday, April 26, 2005 10:57 AM  
To: EBSA, E-OHPSCA - EBSA  
Cc: Anne Lennan  
Subject: Proposed Portability Law Change

As we discussed at the SPBA convention last week, please note that we believe the change to the portability law as proposed will do more harm than good for several reasons:

(1) While we understand and are sympathetic to those people who suffer because a plan terminates and they are not notified that their benefits are terminated until it is too late to obtain other coverage, the law as written will be difficult and expensive to administer. We also see that most of those people who are ill will know very quickly (in less than 63 days) that their coverage has been terminated because they are receiving treatment or filling prescriptions every 30 days.

(2) If you decide that the rule should remain in place for these people, we believe a better solution would be to require a reason for the certificate (or a check box indicating this certificate is issued due to termination of the plan) and impose this rule only when the reason shown on the certificate is termination of the plan. The old rule would apply to all other situations. This would protect those who are losing coverage due to plan bankruptcy while protecting plans for normal terminations of coverage. There are many times when people do not apply for new coverage during their 63-day break, and we feel these people should be held responsible for that action. The plan should not be forced to cover these people from day one when they are not proactive in seeking health insurance coverage for

themselves and their families. This law would allow them 107 days without coverage to become injured or ill and then apply for coverage without any responsibility on the part of the participant and full liability for them on the part of the plan.

(3) In addition, while trying to protect those people, it may have a domino effect because plans will be “open” to portability periods that are 44 days longer and they may not be aware of a large claimant who is coming onto their plan, not disclose them at renewal and the carrier may decline coverage completely for this person placing the plan completely at risk for them. In the case of large claims, this could bankrupt a second employer – and the cycle would start all over again.

Please make these comments known to all departments who are working on this regulation.

THANKS!!

Becky Henderson  
Compliance Officer/New Projects Manager  
IMA of Louisiana, Inc., a UHY Company  
Phone: (318) 747-0577 (ext. 109)  
Fax: (318) 747-7304  
beckyh@imala.com

**IMPORTANT WARNING:** Confidential or Protected Health Information (PHI) may be enclosed. PHI means individually identifiable health information. This PHI is being sent under circumstances that do not require patient authorization or after appropriate authorization has been obtained. You are obligated to maintain it in a secure and confidential manner. Re-disclosure without additional consent or as permitted by law is prohibited. Unauthorized re-disclosure or failure to maintain confidentiality could subject you to penalties as described in state/federal law. If you are not the intended recipient, you are hereby notified that any disclosure, copying or distribution of this information is strictly prohibited. If you have received this message in error, please notify the sender immediately to arrange for return or destruction.

From: Mlawsky, David (CMS)  
Sent: Tuesday, May 03, 2005 2:58 PM  
To: Johnson, Gwendolyn (CMS)  
Subject: FW: Proposed Portability Law Change

Per my previous e-mail.

---

From: Turner, Amy - EBSA [mailto:Turner.Amy@dol.gov]  
Sent: Thursday, April 28, 2005 9:12 AM  
To: Mlawsky, David (CMS)  
Subject: FW: Proposed Portability Law Change

comment #33

-----Original Message-----

From: Becky Henderson [mailto:beckyh@imala.com]  
Sent: Tuesday, April 26, 2005 10:57 AM  
To: EBSA, E-OHPSCA - EBSA  
Cc: Anne Lennan  
Subject: Proposed Portability Law Change

As we discussed at the SPBA convention last week, please note that we believe the change to the portability law as proposed will do more harm than good for several reasons:

(1) While we understand and are sympathetic to those people who suffer because a plan terminates and they are not notified that their benefits are terminated until it is too late to obtain other coverage, the law as written will be difficult and expensive to administer. We also see that most of those people who are ill will know very quickly (in less than 63 days) that their coverage has been terminated because they are receiving treatment or filling prescriptions every 30 days.

(2) If you decide that the rule should remain in place for these people, we believe a better solution would be to require a reason for the certificate (or a check box indicating this certificate is issued due to termination of the plan) and impose this rule only when the reason shown on the certificate is termination of the plan. The old rule would apply to all other situations. This would protect those who are losing coverage due to plan bankruptcy while protecting plans for normal terminations of coverage. There are many times when people do not apply for new coverage during their 63-day break, and we feel these people should be held responsible for that action. The plan should not be forced to cover these people from day one when they are not proactive in seeking health insurance coverage for

themselves and their families. This law would allow them 107 days without coverage to become injured or ill and then apply for coverage without any responsibility on the part of the participant and full liability for them on the part of the plan.

(3) In addition, while trying to protect those people, it may have a domino effect because plans will be “open” to portability periods that are 44 days longer and they may not be aware of a large claimant who is coming onto their plan, not disclose them at renewal and the carrier may decline coverage completely for this person placing the plan completely at risk for them. In the case of large claims, this could bankrupt a second employer – and the cycle would start all over again.

Please make these comments known to all departments who are working on this regulation.

THANKS!!

Becky Henderson  
Compliance Officer/New Projects Manager  
IMA of Louisiana, Inc., a UHY Company  
Phone: (318) 747-0577 (ext. 109)  
Fax: (318) 747-7304  
beckyh@imala.com

**IMPORTANT WARNING:** Confidential or Protected Health Information (PHI) may be enclosed. PHI means individually identifiable health information. This PHI is being sent under circumstances that do not require patient authorization or after appropriate authorization has been obtained. You are obligated to maintain it in a secure and confidential manner. Re-disclosure without additional consent or as permitted by law is prohibited. Unauthorized re-disclosure or failure to maintain confidentiality could subject you to penalties as described in state/federal law. If you are not the intended recipient, you are hereby notified that any disclosure, copying or distribution of this information is strictly prohibited. If you have received this message in error, please notify the sender immediately to arrange for return or destruction.

From: Karen Smith [karens@bazelon.org]  
Sent: Wednesday, March 30, 2005 12:47 PM  
To: EBSA, E-OHPSCA - EBSA  
Subject: FW: Urgent letter

Importance: High

Attachments: Request%20for%20Information%20Comments%20v4.doc

<<Request%20for%20Information%20Comments%20v4.doc>>

---

From: Karen Smith  
Sent: Wednesday, March 30, 2005 10:54 AM  
To: 'E-OHPSCA.EBSA@dol.gov'  
Subject: FW: Urgent letter  
Importance: High

Hi,

Per Chris Koyanagi request, I am forwarding this letter regarding the "Request for Information on Benefit-Specific Waiting Periods Under HIPAA Titles I & IV" to you.

Yesterday, the original letter was courier over. Thomas Norris from your office was to have received it and delivered the letter to the proper staff person. Thanks for his help!

/s/ Karen Smith

Chris Koyanagi  
Policy Director  
Bazelon Center for Mental Health Law

From: mickie ellison [mellison@chartermi.net]

Sent: Friday, February 11, 2005 9:51 AM

To: EBSA, E-OHPSCA - EBSA

Subject: unpaid vacation time

i was discharged 2-9. i still have 6 1/2 days vacation due to me that i received last sept. 22. i have my last approved vacation slip showing i still have 6 1/2 days due but the company will not pay me for them. these are mine i earned them from last year. what can i do to get the money they owe me? please help me. tks mickie ellison

March 30, 2005

U.S. Department of Labor  
Employee Benefits Security Administration  
200 Constitution Ave., NW  
Room C-5331  
Washington, DC 20210

Submitted electronically at: e-ohpsca.ebsa@dol.gov

Attn: Proposed Portability Requirements

The American Diabetes Association submits the following comments on the proposed rulemaking for Health Coverage Portability under HIPAA Titles I and IV published by the Department of Labor on December 30, 2004.

The Association appreciates the opportunity to comment on the Department's efforts to clarify portability requirements for group health plans under HIPAA given that all individuals with diabetes should have access to affordable and adequate health coverage. The Association is extremely concerned that the proposed rules would negatively impact the ability of individuals with diabetes to obtain available health care coverage.

#### Proposed Tolling Rules

Loss of health coverage without proper notice is a serious concern for people with diabetes. It has been especially problematic for consumers when small and mid-size employers become bankrupt, and their employees are not made aware of coverage cancellation. Under typical bankruptcy, an employer withholds employees' monthly premium contributions from the insurer, and the insurer cancels the coverage retroactively. Most states do not require insurers to notify enrollees that their premium has not been paid, and do not prohibit retroactive cancellation. Thus, employees typically are not made aware of their situation until much later. Additionally, the insurer typically pays medical claims until coverage is retroactively cancelled. As such, enrollees have no reason to suspect that they do not actually have coverage.

When an insurer cancels coverage retroactively, a significant break in an individual's coverage is likely to occur. As written, the proposed regulations would not help alleviate this problem since the tolling period would already be exhausted through retroactive loss of coverage. Such a scenario is particularly burdensome for individuals with diabetes. Indeed, after a break in coverage, it is nearly impossible for people with diabetes to obtain new health insurance without a pre-existing condition exclusion (pre-ex) period. Furthermore, for people who are unable to obtain employer-based coverage, medical underwriting makes it nearly impossible to find any individual health insurance policies.

For individuals with diabetes, pre-ex periods are the equivalent of being uninsured since so many elements of their health care are related to diabetes. Offering only 44 days of tolling seriously limits the ability of these individuals –who would otherwise be eligible for HIPAA coverage– to get the care that they need. In short, many of these individuals would become uninsured.

The Association believes that instead of a maximum 44 day tolling period, the HIPAA clock should only trigger once a person receives notice of coverage termination. The clock should not simply trigger on the effective date of such termination. The Association’s proposal would effectively give individuals the full 63 days to elect HIPAA coverage before risking a break in coverage. More importantly, in the case of retroactive terminations, this change ensures that consumers are not penalized for actions beyond their control.

#### Proposed Anti-Abuse Rules

Although the proposed regulations prohibit employers from establishing multiple plans if “the principal purpose” of such actions is to evade the law, this intent will be difficult to prove. If the goal is to ensure that employees and their families have HIPAA rights and protections, then the regulations should prohibit employers from establishing multiple plans if the effect of such an action is a loss of HIPAA rights.

Indeed, if an employer establishes multiple plans and each has one enrollee, HIPAA group rights would not apply since HIPAA only applies to plans with two or more employees. The result, then, would be a loss of HIPAA rights and should therefore be prohibited. However, because it would be exceedingly difficult to prove the primary intent, the regulations should address the end result of the employer’s actions, not the intent behind them.

Without access to HIPAA rights, people with diabetes would be subject to pre-ex periods or would be kept out of coverage all together. Continuous coverage is vitally important for people with diabetes because it is nearly impossible for such populations to obtain affordable and adequate health insurance coverage after a lapse in continuation coverage. Medical underwriting makes individual health insurance coverage unavailable in most states, and high-risk health insurance pools typically impose long pre-ex periods. Regulations that would allow employers to circumvent HIPAA regulations would dramatically harm individuals who are in the greatest of need continuous, comprehensive health insurance.

The Association thanks you for the opportunity to comment and for your consideration of our concerns. If you have any further questions, please feel free to contact Holly Whelan of my staff at (703) 549-1500 x2157.

Sincerely,

James Schlicht  
Chief Government Affairs and Advocacy Officer  
American Diabetes Association

National Office \*1701 N. Beauregard Street \* Alexandria, VA 22311 \* Tel: 703-549-1500  
For diabetes information call 1-800-DIABETES \* [www.diabetes.org](http://www.diabetes.org)  
The Association gratefully accepts gifts through your will.

From: Wunsh, Wendy [Wwunsh@SHRM.org]  
Sent: Wednesday, March 30, 2005 4:08 PM  
To: EBSA, E-OHPSCA - EBSA  
Cc: Aitken, Mike; Simon, Tami; judy.bauserman@mercerc.com  
Subject: SHRM's comments on NPRM for HIPAA Tolling Provisions

Attachments: HIPAA Comments FINAL.doc

Please accept comments from the Society for Human Resource Management (SHRM) on the Proposed Rulemaking for Health Coverage Portability published in the Federal Register by the Department of Labor's Employee Benefits Security Administration on Dec. 30, 2004.

If you have any questions on this e-mail or trouble opening the attachments, please contact Marianne Wheeler of SHRM at 703-535-6028. Thank you.

Wendy E. Wunsh, JD, SPHR

Manager, Employment Regulation

SHRM

1800 Duke Street

Alexandria, VA 22314

703-535-6061

From: Bohmann, Angela [angela.bohmann@leonard.com]  
Sent: Tuesday, March 29, 2005 11:54 AM  
To: EBSA, E-OHPSCA - EBSA  
Subject: Request for Information on Benefit-Specific Waiting Periods  
under HIPAA Titles I & IV

Attachments: Scan001.PDF

Please see attached letter. Thank you.

Angela M. Bohmann  
Leonard, Street and Deinard  
Professional Association  
150 South Fifth Street, Ste. 2300  
Minneapolis, MN 55402  
(612) 335-1510  
(612) 335-1657 (fax)  
angela.bohmann@leonard.com

<<Scan001.PDF>>

March 30, 2005

VIA ELECTRONIC TRANSMISSION

CC:PA:LPD:PR (REG-130370-04)

Courier's Desk

Internal Revenue Service

1111 Constitution Avenue, NW

Washington, DC 20224

U.S. Department of Labor

Employee Benefits Security Administration

200 Constitution Avenue, NW

Room C-5331

Washington, DC 20210

ATTN: Benefit-Specific Waiting Period Comments

Centers for Medicare and Medicaid Services

Department of Health and Human Services

Room 445-G

Hubert H. Humphrey Building

200 Independence Avenue SW

Washington, DC 20201

(Submitted electronically 3/30/2005 at 4:00 pm to: E-OHPSCA.EBSA@dol.gov)

Attn: Request for Information on Benefit-Specific Waiting Periods Under HIPAA Titles I & IV

On behalf of the undersigned organizations representing the interests of consumers covered by ERISA group health plans, Families USA, and the undersigned groups, submit the following comments on the Request for Information on Benefit-Specific Waiting Periods Under HIPAA Titles I and IV published by the Department of Labor on December 30, 2004.

We applaud the Department's consideration of whether a benefit-specific waiting period used by a group health plan or issuer should be considered a preexisting condition exclusion under HIPAA. A rule clarifying that benefit-specific waiting periods for people with a history of health coverage violate HIPAA is critical for millions of Americans covered by ERISA health plans.

The Health Insurance Portability and Accountability Act (HIPAA) of 1996 was enacted to provide improved portability and continuity of health coverage in the group market. In particular, HIPAA was designed to limit exclusions for preexisting conditions and to prohibit discrimination against employees and dependents based on health status so that people with a history of coverage who switch jobs could

continue to access health care. In other words, one of HIPAA's goals was to address the problem of "job-lock," where a worker (and his or her family) is essentially "trapped" in a job because of concerns that a preexisting medical problem would render him or her unable to get new employer-sponsored health coverage if he or she changed jobs. Allowing benefit-specific waiting periods would violate critical protections provided by HIPAA, exceeding the Department's administrative authority, contradicting congressional intent, and undermining good public policy.

#### 1) Allowing benefit-specific waiting periods exceeds the Department's authority.

Allowing benefit-specific waiting periods would be an impermissible exception to HIPAA's standards for preexisting condition exclusions and would create a new general exception to HIPAA's portability rules. This would exceed the Department's administrative authority, result in an impermissible legislative action by a federal agency—a primary function of Congress—and violate the separation of powers doctrine under the U.S. Constitution.

Generally, an executive agency's authority is limited to implementing laws and to clarifying ambiguities in statutes where such exist. *Chevron U.S.A., Inc. v. Natural Resources Defense Council*, 467 U.S. 837 (1984) "If the intent of Congress is clear, that is the end of the matter; for the court, as well as the agency, must give effect to the unambiguously expressed intent of Congress." *Chevron*, 467 U.S. 842-843. "The power of an administrative agency to administer a congressionally created ... program necessarily requires the formulation of policy and the making of rules to fill any gap left ... by Congress.... If Congress has explicitly left a gap for the agency to fill, there is an express delegation of authority to the agency to elucidate a specific provision of the statute by regulation." *Chevron*, 467 U.S. 843-844.

In HIPAA, Congress established specific standards for the use of preexisting condition exclusions. Such standards seek to protect people with past or present medical conditions who enroll in new group health plans. Similar to preexisting condition exclusions, benefit-specific waiting periods apply to newly enrolled employees and dependents and seek to exclude a particular condition from coverage for a period of time. For a person with a medical condition at the time of enrollment, and for a person with a chronic condition like diabetes (it is estimated that half of the population in the United States has a chronic condition), a benefit-specific waiting period would always function like a preexisting condition exclusion and thus would need to comply with HIPAA's limitations on such exclusions (including a requirement to reduce the exclusion period if the person had prior creditable coverage and a maximum allowable exclusion period of 12 months/18 months for late enrollees). Because a benefit-specific waiting period functions like an exclusion period for preexisting conditions, the Department should remind plans that the use of such waiting periods must be consistent with preexisting condition exclusion periods.

If the Department allows plans to treat a benefit-specific waiting period differently from a preexisting condition exclusion period, then the new loophole would eviscerate HIPAA's protections and restrictions for use of preexisting conditions. Health plans could use condition-specific waiting periods to avoid giving credit for prior coverage and to exclude conditions from coverage for longer than

the 12 months allowed under HIPAA. Permitting such periods would create an exception to HIPAA's preexisting condition requirements that does not exist in statute.

Under HIPAA, Congress authorized the Department to "promulgate such regulations as may be necessary or appropriate to carry out the provisions of this part." ERISA Title I, Part 7, Section 707. Congress did not, however, authorize the U.S. Department of Labor to administratively create exceptions to the strict standards in HIPAA for preexisting condition exclusions, especially an exception that would eviscerate the rule. With respect to preexisting conditions and exceptions to the statutory standards, Congress was unambiguous. Furthermore, there is no specific grant of authority to fill in gaps because Congress did not envision additional exceptions to coverage rules. Therefore, allowing benefit-specific waiting periods would exceed the Department's administrative authority and result in the Department making laws—a function of Congress—and violating the separation of powers principle under the U.S. Constitution.

Congress also did not give the Department authority to create an additional category of allowable exclusions from coverage. Such an action by the Department is neither necessary nor appropriate and exceeds both the specific grant of authority in HIPAA to issue rules that are "necessary or appropriate" and the general authority an executive agency has to implement laws.

Congress recognized and allowed three categories when—under certain conditions—plans can refuse to cover benefits for newly-enrolled individuals and families. These three categories include 1) preexisting condition exclusions, 2) waiting periods, and 3) affiliation periods (in case of an HMO) (ERISA, Title I, Part 7, section 701). Congress established standards and restrictions on the use of each category. Nowhere in Part 7 of ERISA is there a grant from Congress authorizing the Department to create a fourth category—benefit-specific waiting periods—that would allow plans to refuse to cover specific conditions or deny treatment benefits for a period of time for people who newly enroll.

By allowing benefit-specific waiting periods, the Department would exceed its regulatory authority by creating a fourth category of temporary exclusions from coverage for newly enrolled people. Congress did not authorize the Department to expand allowable temporary coverage exclusions under HIPAA. Therefore, such an expansion fails to meet the test of being "necessary" or "appropriate" under the grant of authority to the Department under HIPAA. Additionally, such action would not be considered a reasonable agency interpretation of the law under the Chevron standard. The interpretation of the statute would contradict the clear intent of Congress expressed in the statute (through specifically identified permissible exclusion periods) and also contradict legislative intent evidenced in the legislative history discussed below.

## 2) Allowing benefit-specific waiting periods contradicts clear congressional intent.

A benefit-specific waiting period is contrary to congressional intent. One goal of HIPAA legislation was to address "job lock" that was caused by plans not covering new employees (and their dependents) if they had prior or existing medical conditions. "Millions of Americans have medical histories or preexisting conditions that make it difficult to get

comprehensive insurance coverage. As many as 81 million Americans have preexisting medical conditions that could affect their insurability. Many people are locked in their jobs because they fear they will be unable to obtain comprehensive insurance in new jobs.” i

Another purpose of HIPAA was to encourage people to stay insured continuously (rewarding those who stayed insured with credit for prior coverage and limitations on coverage exclusions).

“It makes elemental and much-needed improvements in health care coverage for Americans by guaranteeing ‘portability’ of health insurance for employees who change jobs....” ii

“The American Cancer Society estimates that more than one million people will be diagnosed with cancer this year. Ten million Americans alive today have a history of cancer. Under current insurance practices, many of these people will be denied coverage if they change jobs or lose their job, or they will be squeezed out of their existing plan because of their health status. The health insurance reform bill addresses these critical issues by limiting preexisting condition restrictions and ensuring greater portability of coverage.”iii

These important public policy goals were accomplished through strict “portability” standards in the group market. Benefit-specific waiting periods would allow plans to exclude from coverage a particular benefit for a period of time for new employees and dependents. This would establish new obstacles and create job lock—precisely the issues that Congress was trying to address in 1996. Benefit-specific waiting periods are contrary to the clear congressional intent of HIPAA.

### 3) Benefit-specific waiting periods are not good public policy.

Insurers claim that the purpose of preexisting condition exclusions is to prevent people from “gaming” the system by purchasing coverage only when they get sick. Benefit-specific waiting periods have the same affect, yet they are indefensible. Benefit-specific waiting periods would apply to people who have done the right thing and maintained their health coverage during a loss of a job or a job change. People who have faithfully paid their premiums, in particular, should not have to start over again with a new exclusion period if they change jobs or lose their coverage. Benefit-specific waiting periods therefore do not accomplish the goal of encouraging people to stay insured. Instead, they set up significant new obstacles, punishing those who change employers and who need medical care in their new plan.

Furthermore, allowing employers and insurers to force workers to wait for coverage of a specific benefit for years would deter people with that medical condition from working for that employer—and might deter them from looking for work altogether. For example, workers with a history of cancer would not be inclined to work for an employer that has instituted a waiting period for chemotherapy or radiation treatment. Or, for example, workers with a history of back pain would not be inclined to work for an employer that has instituted a waiting period for herniated disk surgery or physical therapy. A person with diabetes would not work for an employer that requires three years on the job before the worker could qualify for benefits that covered diabetes treatment. In this way, employers and insurers can discourage people with expensive medical conditions from applying, hiring only those workers who do not have costly medical conditions. This is precisely what Congress intended to prohibit. Allowing benefit-specific waiting periods thus clearly contradicts public policy.

In closing, benefit-specific waiting periods allow employers and insurers to game the system, preventing sick employees from accessing critical treatments and screening out workers who may have

costly medical conditions. Federal consumer protections under HIPAA were designed to limit the ability of employers and insurers to exclude coverage for preexisting conditions so that plans could not deny treatments to specific workers with health conditions and so that employers and insurers could not discriminate against workers based on their health status.

Under current law, employers and insurers looking to circumvent the intent of HIPAA can make all workers wait years before they can access critical treatments, by using benefit-specific waiting periods. Just like preexisting condition exclusions, these benefit-specific waiting periods prevent workers who have health conditions from getting the critical health care treatments they need. We ask that you clarify that benefit-specific waiting periods violate HIPAA and should be prohibited altogether, or if allowed, should be subject to the rules that apply to preexisting conditions and general waiting periods under HIPAA.

We thank you for your consideration of these comments and would be glad to meet with you to discuss our concerns in greater detail. Please direct any specific questions or concerns to Sonya Schwartz at Families USA at 202-628-3030 or at [sschwartz@familiesusa.org](mailto:sschwartz@familiesusa.org).

Sincerely,

Families USA  
AIDS Action Committee of Massachusetts, Inc.  
AIDS Foundation of Chicago  
AIDS Legal Council of Chicago  
Alliance for Children and Families  
American Association of People with Disabilities  
American Association on Mental Retardation  
American Counseling Association  
American Federation of State, City and Municipal Employees  
American Network of Community Options and Resources  
American Nurses Association  
Boston AIDS Consortium  
California Association of Social Rehabilitation Agencies (CASRA)  
Center for Medicare Advocacy, Inc.  
Community HIV/AIDS Mobilization Project  
Health Care For All  
Health Law Advocates  
HIV Medicine Association  
Housing Works, Inc.  
National Alliance of State and Territorial AIDS Directors  
National Council on Independent Living  
National Education Association  
National Health Law Program  
National Hemophilia Foundation

National Mental Health Association  
National Multiple Sclerosis Society  
National Partnership for Women and Families  
National Respite Coalition  
Public Justice Center  
RESULTS  
San Francisco AIDS Foundation  
Service Employees International Union  
South Shore AIDS Project  
Title II Community AIDS National Network  
USAction

- i S. Conf. Rep. No. S9515 (August 02, 1996).
- ii S. Conf. Rep. No. S9505 (August 02, 1996).
- iii S. Conf. Rep. No. S9502 (August 02, 1996).

??

??

??

??

From: Sarah Meeks [meeks@hla-inc.org]  
Sent: Tuesday, March 29, 2005 8:50 AM  
To: EBSA, E-OHPSCA - EBSA  
Subject: Proposed Portability Requirements

Attachments: HIPAA regs comms.3.30.051.doc

Please find attached comments on proposed HIPAA regulations.  
Thank you,

Sarah Meeks  
Health Law Advocates  
30 Winter Street, Suite 940  
Boston, MA 02108  
617.338.5241 ext. 2981  
meeks@hla-inc.org

March 30, 2005

CC:PA:LPD:PR (REG-120270-04)

Internal Revenue Service  
POB 7604, Room 5203  
Ben Franklin Station  
Washington, DC 20044

U.S. Department of Labor  
Employee Benefits Security Administration  
Attn: Proposed Portability Requirements  
200 Constitution Avenue, NW, Room C-5331  
Washington, DC 20210

Centers for Medicare and Medicaid Services  
Department of Health and Human Services  
Attention: CMS-2158-P  
PO Box 8017  
Baltimore, MD 21244-8010

RE: Comments on the Notice of Proposed Rulemaking for Health Coverage Portability: Tolling Certain Time Periods for Interaction with the Family and Medical Leave Act Under HIPAA Titles I and IV

To Whom It May Concern:

The Society for Human Resource Management (SHRM) is pleased to provide the following comments in response to the proposed regulations providing guidance on certain portability requirements under Title I of the Health Insurance Portability and Accountability Act (HIPAA). The proposed regulations were issued by the Treasury Department, the Department of Labor, and the Department of Health and Human Services (collectively referred to hereinafter as “the Agencies”) and published in the Federal Register on December 30, 2004.<sup>1</sup> SHRM commends the Agencies for taking the initiative to provide this helpful guidance.

SHRM is the world’s largest association devoted to human resource management. Representing more than 190,000 individual members, SHRM’s mission is to serve the needs of human resource (HR) professionals by providing the most essential and comprehensive resources available. As an influential voice, SHRM’s mission is also to advance the HR profession to ensure that HR is recognized as an essential partner in developing and executing organizational strategy. Founded in 1948, SHRM currently has more than 550 affiliated chapters and members in more than 100 countries.

I. Statement of Interest

A motivated and productive workforce is key to the success of any organization. HR professionals play a critical role in identifying organizational strategies to ensure that the workforce is engaged and

performing effectively. Clearly, welfare and health care benefits are a crucial component of any strategy to recruit and retain talented employees. The ability to provide health care to employees and their dependents, as well as ensure that employees are protected from losing health insurance, has always been a critical issue for SHRM and its members. The ability to provide benefits is even more critical now, since health care coverage is one of the most expensive, but expected benefits that employers offer employees. Even with rising health care costs, SHRM members seek ways to continue to offer health insurance to their employees. In fact, according to a June 2004 SHRM health care survey that assessed how employers manage rising health care costs, 99 percent of survey respondents (selected randomly from SHRM's membership database) stated that their organizations continue to offer health care coverage to their workforces. 2

As noted above health care coverage is an important benefit and an effective recruitment and retention tool. To that end, HR professionals design and implement health and welfare plans that are appropriate for their workforces. Therefore, SHRM is well positioned to offer insight on the issues surrounding health care coverage and the workplace. SHRM's members are also concerned with health care coverage for employees transitioning from one job to another and from one health care plan to another, which is covered by HIPAA. To comply with HIPAA's requirements, HR professionals must operate within the parameters set by health plans, third party administrators (TPAs) and insurers, especially regarding rules for pre-existing conditions and future health care coverage. Because there are various requirements that govern health care coverage especially during periods of employee transition, SHRM commends the Agencies for drafting regulations that will increase protection for employees moving between employer-provided health care plans as well as minimizing the burdens on subsequent health care plans and issuers. SHRM supports the proposed rulemaking and offers for the Agencies' consideration the following comments, which we believe will provide greater clarification of HIPAA obligations for health plan and issuers as well as provide even stronger protections for transitioning employees.

## II. Discussion

### A. Rules Relating to Creditable Coverage — 26 CFR 54.9801-4, 29 CFR 2590.701-4, 45 CFR 146.113: Tolling of the 63-Day Break in coverage Rule.

HIPAA provides protection to health plan participants transitioning from one job to another by providing them with 63 days to obtain new health care coverage before they are considered to have a significant break in coverage. A break in coverage can expose plan participants to pre-existing condition rules when they seek health care coverage under a new plan. The proposed regulations substantively modify the 63-day break in coverage rules for health plan participants who are not provided a certificate of creditable coverage on or before the day their coverage ceases. In this instance, the proposed regulations allow the start date for determining a break in coverage to be tolled (held and not counted) until a certificate of creditable coverage is provided to the participant (tolling rule). The tolling rule provides plan participants losing health care coverage under a plan with additional protection if they have not received a notice of creditable coverage from the previous health care plan.

Additionally the proposed regulations limit the tolling period to 44 days. The tolling period limitation will help to lower the financial burden that future health plan providers and issuers could encounter with an open-ended tolling period. SHRM believes the Agencies' decision to adopt a 44-day limitation is

reasonable given its consistency with the timing rules provided under the Consolidated Omnibus Budget Reconciliation Act (COBRA) for required qualifying event notices to be provided to participants (see Internal Revenue Code (IRC) section 4980B(f)(6)).

SHRM supports the seamless integration of health care coverage for employees switching health plans. Plan participants can be disadvantaged when they do not receive certificates of creditable coverage from their health care providers upon termination of their coverage. They are often unaware that their health care coverage under a plan has ended and new health care coverage must be obtained within 63 days or they will possibly be subject to pre-existing condition limitations in their future health care coverage. Furthermore, the tolling rule minimizes burdens on subsequent plans and issuers that were not responsible for the missing or untimely certificate of coverage without imposing significant liability on any party.

While the proposed tolling rule is a beneficial change to HIPAA, SHRM believes the proposed regulation, as written, has the potential for misinterpretation and could lead to unnecessary confusion. To that end, SHRM suggests a clarification of the tolling rule language as proposed by the Agencies. The ambiguity in the proposed regulations stems from the language regarding how to assess the start date for determining whether a significant break in coverage has occurred. According to the proposed regulations, the start date will be either A) The date that a certificate of creditable coverage with respect to that cessation is provided; or B) The date 44 days after coverage ceases (emphasis added), whichever is earlier.<sup>3</sup> As written, it is difficult to determine whether “is provided” refers to the date the certificate was sent by the plan sponsor or issuer, or whether it refers to the date the certificate was received by the individual. The uncertainty of the exact meaning of “is provided” could lead to unintended consequences and unnecessary litigation. Therefore, SHRM suggests clarifying the precise meaning of “is provided” to refer to the date the certificate was sent. In addition, SHRM requests including this date on the model certificate, as noted below in section 2(b) of this comment letter.

#### B. Evidence of Creditable Coverage — 26 CFR 54.9801-5, 29 CFR 2590.701-5, 45 CFR 146.115: Information in Certificate and Model Certificate.

The proposed regulations provide a new model certificate of creditable coverage (referred to hereinafter as “the model certificate”) that includes a disclosure about the Family and Medical Leave Act (FMLA). SHRM appreciates this modification, because it furthers the goal of protecting plan participants. Under the proposed regulations, group health plans and issuers will have the option of using the proposed regulations’ model certificate or the model notice provided in the Final Regulations for Health Care Portability<sup>4</sup> (referred to hereinafter as “HIPAA’s final portability rule”). While we believe it is important to disclose information regarding the FMLA in the certificate of creditable coverage, SHRM also believes that permitting group health plans and issuers to use either of the proposed model certificates until the model notices become applicable is equitable and provides plan sponsors with appropriate flexibility.

In the proposed regulations, the Agencies specifically request comments relating to the applicability date for the proposed regulations’ model certificate. SHRM recommends that the Agencies allow plan

sponsors to begin using the proposed model certificate at the beginning of their next plan year after the final regulations are issued. This will ensure that HR professionals, employers and insurers have sufficient time to customize and begin sending new certificates to plan participants, especially for plans that used the model notice published in HIPAA's final portability rule. If using a new plan year for compliance with the model certificate is not feasible, SHRM recommends that plans have, at a minimum, a 90-day implementation period from the date of the final regulations.

In addition, SHRM suggests two minor changes to the proposed model certificate:

\* Update to Model Certificate — SHRM recommends that the model certificate include an explanation and examples of the newly proposed tolling rule for the 63-day break in coverage. This language will enable participants to accurately calculate the number of days they have to file for new coverage without experiencing a significant break in coverage.

For example, if an employee is sent a certificate of creditable coverage 15 days after losing coverage under group health plan A, she may think she has only 48 days (63 minus 15) to enroll in group health plan B without experiencing a significant break in coverage. However, if she is given a certificate of creditable coverage with language explaining the new tolling period, she will know that her 63-day time period is tolled for 15 days and that she has 63 days remaining from the date that group health plan A provided the certificate of creditable coverage to enroll in group health plan B.

\* Clarify Ambiguity — Earlier in these comments, SHRM requested clarification of “is provided” as found in the proposed regulations at section 54.9801-4(B)(2)(iv)(A). In addition to the recommendation offered, SHRM seeks to modify the model certificate to include a space for plan sponsors or issuers to specify the date the original certificate is sent (assuming it differs from the “issued” date already on the certificate) to avoid potential confusion when a second notice is requested. This suggested modification will enhance the protections provided by the 44-day tolling limitation to future health plan providers and issuers, especially when duplicate certificates are requested.

For example, when a participant loses coverage and receives a certificate of creditable coverage (which generally contains a date of issuance), but then loses the certificate and requests a duplicate, the duplicate certificate will generally contain a new date of issuance. In such a case, the date the certificate was “issued” may not necessarily be the same date the certificate was “provided” (actually sent). Without this modification, the request for a duplicate certificate could enable individuals seeking coverage to manipulate the dates used to determine significant breaks-in-coverage.

Generally, the date the document is posted in the mail and dated (referred to hereinafter as the “mailbox rule”) applies; however, not all plan participants will keep the postmarked envelopes and if a duplicate certificate is requested and sent, the mailbox rule could lead to confusion as to the correct date the certificate “is provided.” Including a space directly on the certificate for plan sponsors to specify when the certificate is sent will eliminate much of the confusion.

C. Special Enrollment Periods — 26 CFR 54.9801-6, 29 CFR 2590.701-6, 45 CFR 146.117: Tolling of

## the Special Enrollment Period; Modification of Special Enrollment Procedures and When Coverage Begins Under Special Enrollment

### 1. Tolling of the Special Enrollment Period

The proposed regulations also provide a special tolling rule for special enrollment periods. Under HIPAA, the 1997 interim rules and HIPAA's final regulations, special enrollment following a loss of coverage generally must be requested within 30 days after loss of eligibility, termination of employer contributions or exhaustion of COBRA. The proposed regulations toll the 30-day time period for individuals whose coverage ceases and a certificate of creditable coverage is not provided on or before the date coverage ceases. Specifically, under the proposed regulations, the special enrollment period ends at the end of the 30-day time period that begins on the day after either A) the date that the certificate of creditable coverage is provided or B) the 44 days after coverage ceases, whichever is earlier. Like the tolling period proposed for the 63-day break in coverage, SHRM believes the tolling period for special event enrollment is sound public policy.

### 2. Modification of Special Enrollment Procedures and When Coverage Begins Under Special Enrollment

The proposed regulations clarify that during periods of special enrollment, individuals need only make a request for special enrollment within the allotted 30-day time frame, but are not required to meet all of the application requirements when all requirements cannot reasonably be completed within the 30-day time frame. According to HIPAA's statutory language, individuals must make special enrollment requests no later than 30 days after the occurrence of a special enrollment event (such as marriage or the birth/adoption of a child). However, the April 1997 interim rules did not establish special procedures for this statutory requirement. The lack of any such guidance has allowed plans and issuers to require individuals requesting special enrollment to file completed applications for health coverage by the end of the 30-day special enrollment period. In some instances, the requirements necessary to fully complete the application cannot reasonably be completed in the 30-day period which can effectively deny some individuals their rights to special enroll their dependents.

The proposed regulations limit plans and issuers from requiring individuals to finalize all procedural application requirements for special enrollment within the 30-day statutory time frame. The proposed regulations clarify that an individual seeking special enrollment is required only to provide a written or oral request for special enrollment within the 30-day special enrollment period. After a timely request, the plan or issuer may then require the individual to complete all enrollment material within a reasonable amount of time after the end of the special enrollment period. The proposed regulations allow for enrollment material deadlines; however, the deadline must be extended for information that cannot reasonably be obtained within the deadline (e.g., Social Security numbers for newborns). Additionally, the proposed regulations limit the enrollment procedure requirements to information required from individuals who enroll when first eligible and information about the special enrollment event.

SHRM applauds the Agencies for clarifying the unresolved issue from the 1997 interim guidance, and

believes individuals should be given sufficient time, not limited to the 30-day special enrollment period, to meet the special enrollment requirements as stated by the plan or issuer. However, we would like to offer two suggestions. First, SHRM recommends that only written requests for special enrollment be actionable. Allowing for oral notification could cause administrative delays and many unintended, yet costly, consequences. For instance, not all insurance companies and claims administrators are equipped to receive and track calls from individuals about events that qualify for a special enrollment period. The insurance companies and claims administrators are also not likely to be prepared to turn around and notify employers of the special enrollment events. Generally, individuals who give oral notification are instructed to contact their employers' HR or employee benefits departments. Requiring issuers and plan administrators to add processes and procedures to track oral notice of special enrollment events and also notify employers would add significant delays in enrollment. These delays would then create a variety of problems with back premiums and the collection of back premiums on a timely basis, not to mention the inconvenience to employees and plan participants.

For example, A participant in Employer A's group health plan, becomes a new father and calls the plan's TPA to report the birth. Rather than referring him to Employer A's HR department, the TPA enrolls the baby in employer A's group health plan and sends the father an ID card in the baby's name. However, since Employer A did not receive notice of the new child, the baby was not added to the employer's weekly electronic data transfers to the TPA, and the TPA then cancels the baby's enrollment. In such situations, the employee often is not aware that the child's coverage has been cancelled and does not learn of the lack of coverage until the child's claims are denied. These cases require a great amount of time to verify the facts with the TPA, request the necessary enrollment materials from the participant, calculate retroactive premiums due and request that the TPA reprocess any denied claims.

To rectify this potential problem, SHRM offers its second suggestion, namely that special enrollment registration follow the procedures set forth in the plan's summary plan description (SPD), so long as those procedures are consistent with the remaining provisions of the regulations. An SPD generally describes the documentation necessary for special enrollment and outlines the process to be used to provide the employer with the appropriate documents. Following a plan's SPD will ensure that the employer, the related TPA and the insurer all receive the same information in an organized and centralized method regarding the individual eligible for special enrollment.

D. Special Rules — Excepted Plans and Excepted Benefits — 26 CFR 54.9831-1, 29 CFR 2590.732, 45 CFR 146.145.

The proposed regulations establish the "default rule" that states all medical care benefits made available by an employer generally constitute one group health plan. SHRM appreciates the Agencies' clarification of how plan sponsors should determine the number of plans they offer for the purpose of HIPAA. The default rule will make plan administration simpler for plan sponsors with multiple benefit options and reduce unnecessary paperwork and confusion for plan participants.

The default rule, however, is inconsistent with the special enrollment rule outlined in HIPAA's final

portability rule that was issued on the same day as the proposed regulations. HIPAA's final portability rule states that when an individual experiences a special enrollment event, he or she (and any affected dependents) may elect coverage under any benefit package under the plan (emphasis added).<sup>5</sup> Combining the special enrollment rule from the proposed regulations and the special enrollment rule from HIPAA's final portability rule would lead to conflicted results.

For example, by combining the two rules, an individual who first enrolls in an HMO (one benefit option) and later gets married (a special enrollment event) could switch not only from employee-only coverage to employee-plus-one coverage, but the individual could also switch to a totally different plan (e.g., from the HMO to an indemnity option).

The public policy rationale of special enrollment is to make group health plan coverage available to individuals who experience special enrollment events. As stated in HIPAA's legislative history, "[t]he conference agreement requires special enrollment periods for certain individuals losing other coverage and for certain dependent beneficiaries. It requires group health plans, and health insurance issuers offering group health insurance coverage, to permit eligible employees or dependents who lose other coverage to enroll under the terms of the plan if each of the following conditions is met...." (emphasis added).<sup>6</sup>

According to the legislative history, the available option for an individual who experiences a special enrollment event should be coverage under that particular plan and not necessarily every option under the employer's plan (unless the individual had not previously elected coverage)(emphasis added).<sup>7</sup> This same concept is followed by the COBRA rules.<sup>8</sup> Under COBRA, qualified beneficiaries are only entitled to continue the type of coverage they received immediately before a qualifying event.

If the approach suggested in the proposed regulations combined with the final regulations is preserved, it could create adverse selection among the plan options and therefore raise the costs for health care plans who will then pass the cost onto employers. In other words, based on a special enrollment event, individuals will be more aware of future risks and expenses and would be able to switch plans mid-plan year. This will raise the risks in certain plans and have the adverse effect of causing a potential rise in premiums. In addition, if this provision is coupled with the longer period for making elections,<sup>9</sup> the administrative burden associated with reconciling invoices and claims processing will also increase.

SHRM requests that the Agencies address HIPAA's final portability rules and conform them to the special enrollment provisions outlined in the proposed regulations. The portion of HIPAA's final portability rule that allows individuals who experience special enrollment events to elect coverage under any benefit package was not addressed in previous proposed regulations. Therefore, SHRM and other affected parties did not have the opportunity to voice any concerns or suggest improvements. Conforming HIPAA's final portability rules to the proposed default rule, which essentially creates a group plan of all medical care benefits made available by an employer, will simplify plan administration, limit paperwork and ease understanding for plan participants.

### III. Conclusion

SHRM appreciates the opportunity to submit these comments and thanks you for your consideration of them. Should you have any questions, please contact me at maitken@shrm.org or by phone at 703-535-6027.

Sincerely,

Michael P. Aitken  
Director, Governmental Affairs  
Society for Human Resource Management

Cc: Tami Simon and Judy Bauserman  
Mercer Human Resource Consulting  
1255 23rd Street, NW, Suite 250  
Washington, DC 20037-1198

1 69 Fed. Reg. 78800

2 Collison, J. (2004, June), SHRM Health Care Survey Report. Alexandria, VA: Society for Human Resource Management

3 Section 54.9801-4(b)(2)(iv)(A)and(B)

4 26 CFR Parts 54 and 602, 29 CFR Part 2590, and 45 CFR Parts 144 and 146

5 See Special Enrollment Periods — 26 CFR 54.9801-6, 29 CFR 2590.701-6, 45 CFR 146.117

6 See Conference Report 104-736, July 31, 1996

7 Id.

8 See Internal Revenue Code section 4980B(f)(2)(A) and Internal Revenue Service final regulations section 54.4980B-5, question 4(a)

9 As described in Special Enrollment Periods — 26 CFR 54.9801-6, 29 CFR 2590.701-6, 45 CFR 146.117

??

??

??

??

9

1800 DUKE STREET  
ALEXANDRIA, VA 22314-3499 USA

(703) 548-3440 FAX; (703) 836-0367 TDD: (703) 548-6999

WORLD WIDE WEB: [HTTP://WWW.SHRM.ORG](http://www.shrm.org)