

# Medicare Diabetes Prevention Program (MDPP)

## Opportunity for Medicare Shared Savings Program ACOs (MSSP ACOs) to Get Involved

### What is the Medicare Diabetes Prevention Program?

The [Medicare Diabetes Prevention Program \(MDPP\)](#) expanded model is a behavior change intervention that was expanded from a model tested through the CMS Innovation Center's Health Care Innovation Awards of the Diabetes Prevention Program. MDPP aims to prevent the onset of type 2 diabetes among at-risk Medicare beneficiaries through practical training in long-term dietary change, increased physical activity, and behavior change strategies for weight loss. A Medicare-funded model test<sup>1</sup> of the National DPP showed that **participation in the program reduced per person spending and improved participant health.**

### What are the benefits?

#### Payment, savings, and quality

 **Payment for Medicare covered preventive service:** MDPP's performance-based payment structure MDPP suppliers for furnishing MDPP services.

 **Alignment with ACO goals and quality measures:** MDPP aligns with ACO goals by reaching a high-risk population, promoting healthier behaviors, and promoting cost-savings through value-based care.

### How does this support ACO goals?

#### Community and individual impact

- **Reach a population** with low average awareness of prediabetes.
- **Empower high-risk individuals** in their own wellness.
- **Reduce risk** of type 2 diabetes among Medicare beneficiaries.
- **Achieve cost savings through** value-based care.

### Want to get involved?

#### 1. Educate patients and providers on prediabetes and available preventive services.



**Promote awareness of prediabetes and prevention.** Encourage ACO providers to educate at-risk patients about prediabetes and lifestyle changes to improve health.



**Screen, test, and refer patients.** Help determine eligibility by screening Medicare patients for prediabetes. Refer eligible patients to local suppliers with the [Supplier Map](#).

#### 2. Become an MDPP supplier and/or partner with nearby organizations to grow MDPP's reach and impact.



**Enroll as an MDPP supplier** to furnish MDPP services. Note that your organization must first obtain preliminary or full [CDC Diabetes Prevention Recognition Program \(DPRP\) recognition](#) before enrolling in MDPP.



**Partner with a National DPP organization.** Explore partnership opportunities with CDC DPRP recognized organizations in your catchment areas. They can be found using [CDC's Registry of Recognized Organizations](#).

<sup>1</sup>To read more about the Medicare-funded DPP model test, visit the [Evaluation of the Health Care Innovation Awards Third Annual Report](#). For more information, visit <http://go.cms.gov/mdpp> and email [mdpp@cms.hhs.gov](mailto:mdpp@cms.hhs.gov) to join the MDPP listserv.