



Adult Day Health:
*Enriching the Lives
of our Elders*

May 22, 2013

The Development of An Adult Day Health Program

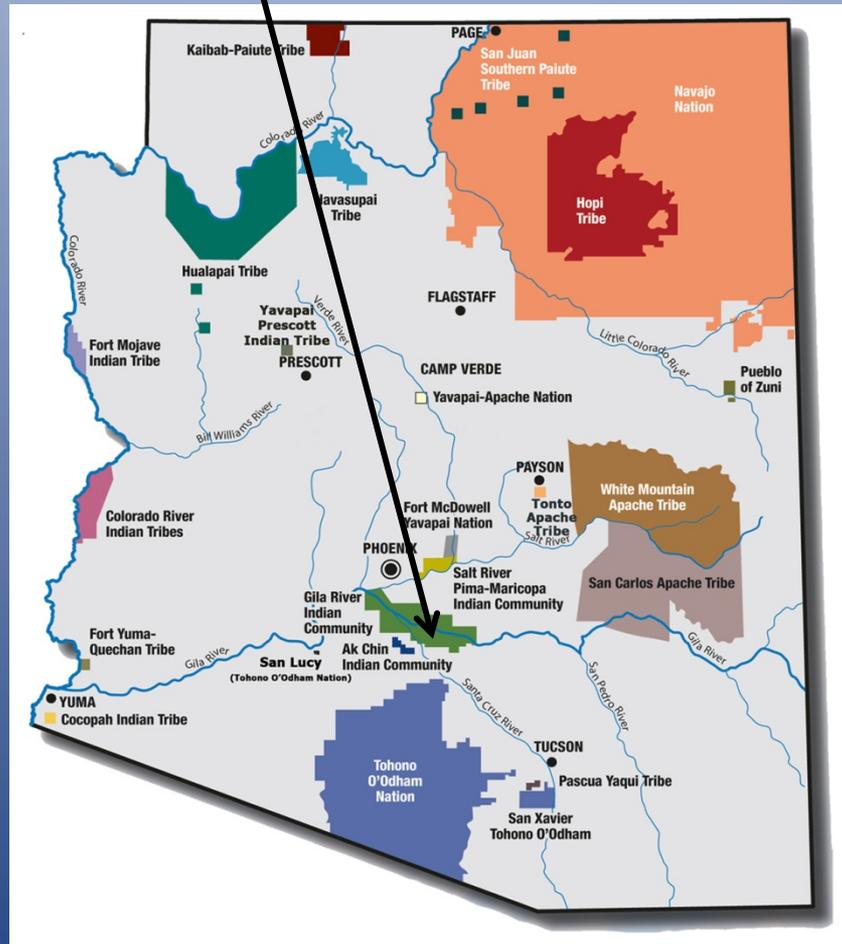
Presented by:

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- Pattie King, LPN, Marketing/Discharge Coordinator

OBJECTIVES

1. Identify recruitment strategies for adult day services
2. Identify program impact for participants, families, and community
3. Identify the challenges and strengths to developing and providing adult day services in a culturally relevant and respectful manner

Where we're located...



Gila River Indian Community



The Caring House



The Caring House (TCH) Skilled Nursing Facility



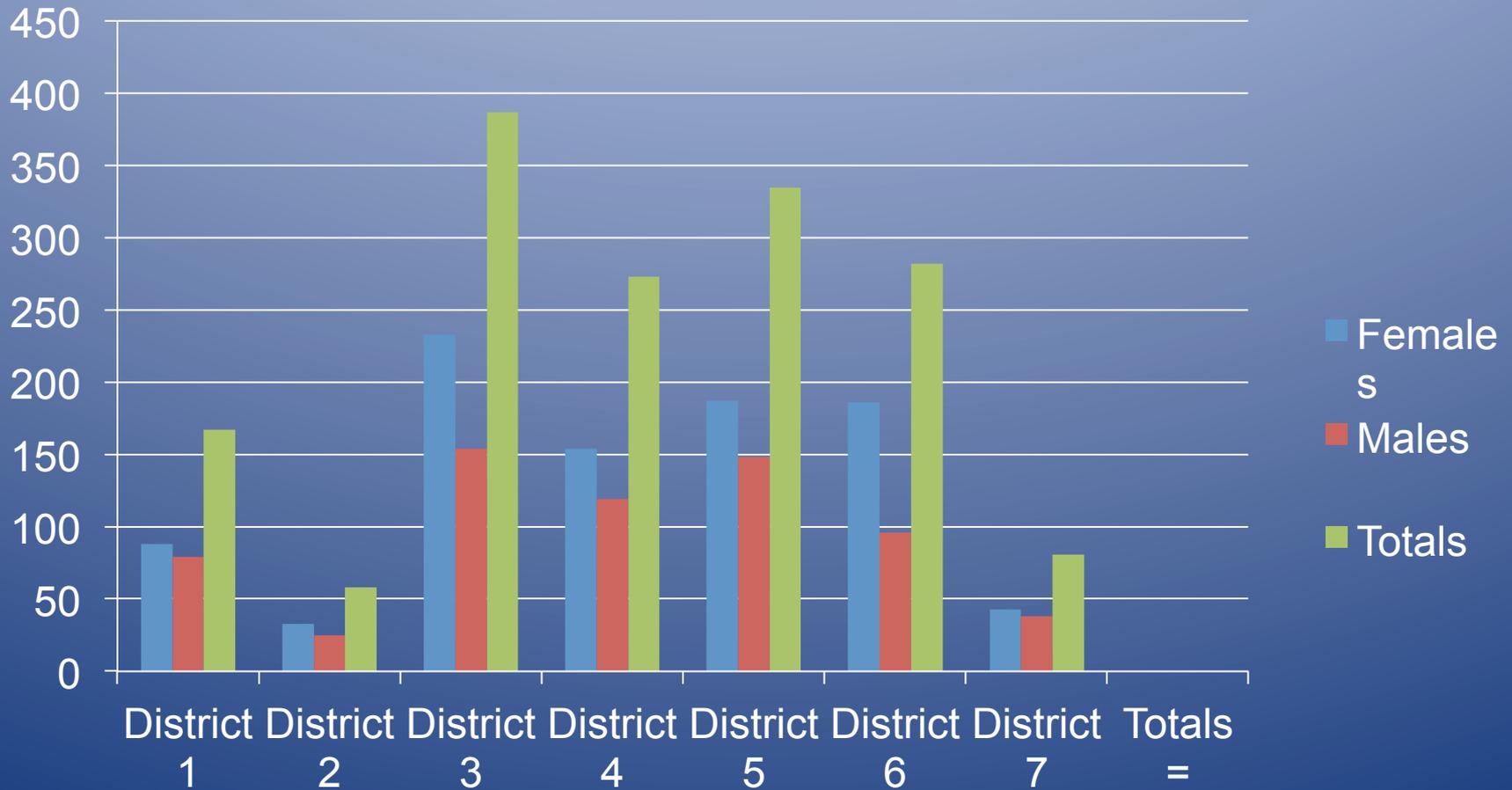
Background of TCH

- New facility opened in Sacaton, in April 2009
- 100 bed facility serves GRIC, other tribes as able
- Two long-term care units = 30 beds ea.
- Memory unit = 20 beds (10 female, 10 male)
- Hospice/End-of-Life unit = 5 beds
- Sub-acute unit = 15 beds

Adult Day Health Building



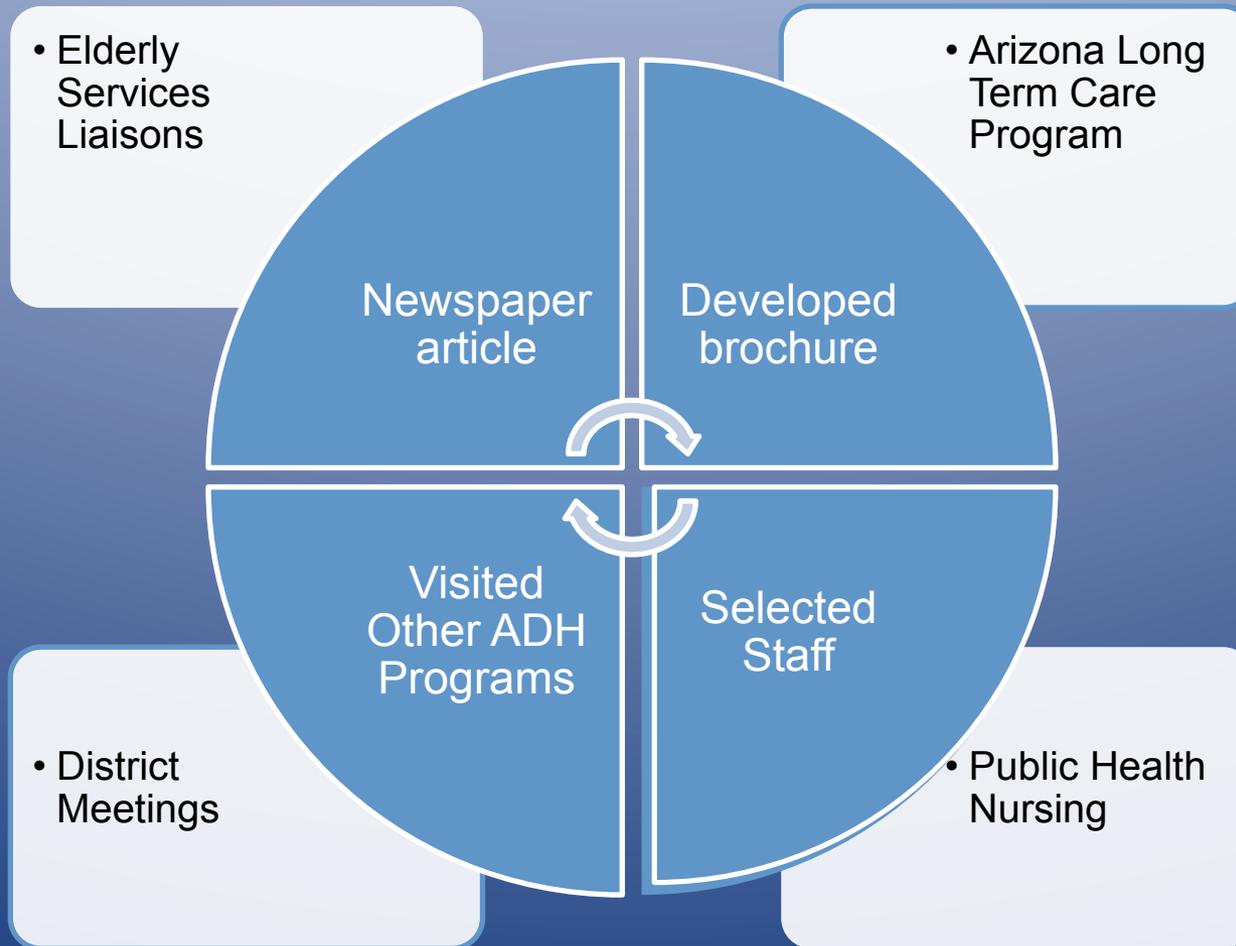
GRIC Elder Population - #1583



The Development of an Adult Day Program



Marketing for ADH



Opening June 1, 2011



Integration Continued...

- Diabetic workshops by Certified Diabetic Educator
- Physical Therapy/Occupational Therapy
- Wheelchair Volleyball, Monthly Birthdays, church services, Holidays
- Visit with TCH residents and introduce them to the ADH program
- Referrals to other programs, ie, Adult Protective Services, Police Department

Challenges of the Adult Day Program

- Fear Factor of being on the grounds of a nursing home
- Family Members as Attendant Care Workers
- Reliable Transportation

Benefits

- Program guest gets out of the house to a safe environment and family gets a breather
- Program offers opportunity for socialization, mental stimulation, physical exercise, health monitoring, counseling, and support

Activities of Adult Day Program



Breast Cancer Awareness



Hawaiian Luau Party



Fundraising Activities



Arizona State Fair

