



have a disability²

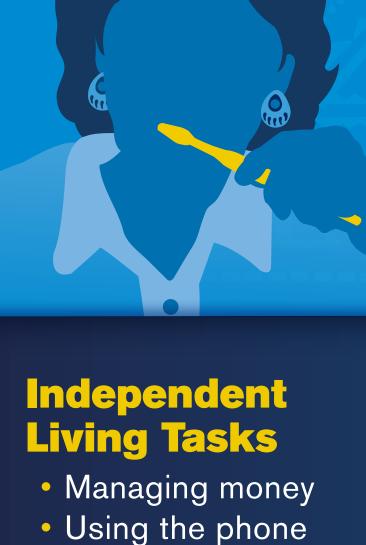
1 out of 3 AI/AN adults with disabilities who need care are younger than age 65°

American Indians and Alaska Natives

are steadily growing older. AI/ANs with disabilities of all ages need care. What can your tribe do?

Some tribes offer Long Term Services and Supports (LTSS) programs to help members live as independently as possible. Some tribes offer

assisted living and skilled nursing facilities. Most focus on Home- and Community-Based Services, including health services to meet medical needs, human services to support daily living, and support services to ensure quality care.



Dressing Toileting

Self-Care Tasks

Brushing teeth

Walking

Bathing

- Eating



funding they need.

Title VI,

Older Americans Act

Human Services

IHS

programs

Indian Community

Development Block

Managing medication

or computer



Cooking



Driving



Person grants

revenues

Resident

Opportunities and

Self-Sufficiency program

Native American House

Assistance and

Self-Determination Act

Community-Based Tribal gaming Services County revenues programs Veteran's **Administration** Medicare Waivers **Tribal funds BIA Division of Tribal gaming**

Children's Health

Insurance

Programs (CHIP)

State

programs

Medicaid Home and

Grant Tribes don't have to do it alone. There are

ever before.

program models to follow, sources of technical

assistance, and more funding sources than

Visit the online tribal LTSS **Technical Assistance Center for** information, resources, and a roadmap for planning.



go.cms.gov/AIAN-LongTermCare Join the CMS Tribal Affairs group on LinkedIn.

competent care.

Link goes here

Sources

- 1 U.S. Census Bureau. "An Aging Nation: The Older Population in the United States." Page 12. Current Population Reports. 2014. Retrieved from http://www.census.gov/prod/2014pubs/ p25-1140.pdf

2 U.S. Census Bureau, "Age by Disability Status (American Indian and Alaska Native Alone," 2013

American Community Survey, retrieved from http://factfinder.census.gov/faces/tableservices/jsf/ pages/productview.xhtml?pid=ACS_13_1YR_B18101C&prodType=table 3 Kaiser Family Foundation Analysis of the American Community Survey. 2013. Retrieved from http://kff.org/report-section/the-role-of-medicare-and-the-indian-health-service-for-american-indians-

and-alaska-natives-health-access-and-coverage-report/