# An Overview of the Medicaid Hospice Benefit

### Introduction

The Centers for Medicaid Services (CMS) and the States are helping Medicaid participants understand their roles in ensuring they receive the care that they need and how to report matters of concern they may have related to the Medicaid hospice program. This fact sheet will help you and others follow Medicaid rules for hospice care.

## **What Is Medicaid Hospice Care?**

The goal of Medicaid hospice care is to provide care and comfort during the final months of a patient's life. To be eligible for hospice care, a physician must certify that a patient is terminally ill.[1] "Terminally ill" means that the patient has a medical prognosis that will reduce his or her life expectancy. Each State decides the length of the life expectancy a patient must have to be eligible for hospice care.

Hospice care can be confused with palliative care. A beneficiary can receive palliative care when diagnosed with a serious illness but does not have to be eligible for the Medicaid hospice benefit. Palliative care can help manage the pain and symptoms of illness, whether the illness is terminal or not. Palliative care is distinct from curative care, which seeks a cure for a disease or medical condition.

Hospice care is a choice you make. If you choose hospice care, you will receive help with your symptoms and be made comfortable. However, you will not receive care for the cure of your terminal illness[2] unless you are younger than age 21.[3] If you change your mind about hospice, you can receive treatment for a cure again. To do this, sign a statement saying you no longer want hospice care, and give it to your hospice provider. You can choose hospice care again at any time if you are eligible for the benefit.[4]

Medicaid hospice care is provided by a team who can meet your physical, psychosocial, spiritual, and emotional needs as written in a plan of care (POC).[5] Hospice benefits may include anything you need to manage your terminal illness and related conditions covered by Medicaid.[6]

Hospice care is usually provided in your home. If you live in a facility, such as a nursing home, Medicaid considers the facility to be your home. [7] There are also other places you can live, such as an assisted living facility or a rehabilitation center, where hospice services can be covered. Hospice benefits may not be the same in each State. Ask your State Medicaid agency (SMA) about hospice benefits in your area.

# **Are You Receiving Quality Care?**

You have a right to quality care.[8] This includes care that attends to all of your needs and is provided by trained staff that respects the choices made by you and your family.[9] If you feel you are not getting quality care, tell the hospice or call Adult Protective Services in your State.[10] If you live in a nursing home, you may also call the long-term care ombudsman. There are signs at your facility that tell you how to contact them.[11]

## What Can You Do to Help?

You can help protect the Medicaid program by reporting concerns you may have with hospice care. When you enroll in hospice, ask the hospice agency about the care you will receive. Things that do not seem right should be reported. Acts of physical abuse or fraud should be reported to the State Medicaid Fraud Control Unit (MFCU) or SMA. Information on contacting your State MFCU or SMA is available at <a href="https://www.cms.gov/medicare-medicaid-coordination/fraud-prevention/fraudabuseforconsumers/report\_fraud\_and\_suspected\_fraud.html">https://www.cms.gov/medicare-medicaid-coordination/fraud-prevention/fraudabuseforconsumers/report\_fraud\_and\_suspected\_fraud.html</a> on the CMS website. You may also contact the U.S. Department of Health and Human Services, Office of Inspector General (HHS-OIG) by email at <a href="https://www.cms.gov/medicare-medicaid-coordination/fraud-prevention/fraudabuseforconsumers/report\_fraud\_and\_suspected\_fraud.html">https://www.cms.gov/medicare-medicaid-coordination/fraud-prevention/fraudabuseforconsumers/report\_fraud\_and\_suspected\_fraud.html</a> on the CMS website. You may also contact the U.S. Department of Health and Human Services, Office of Inspector General (HHS-OIG) by email at <a href="https://www.cms.gov/medicare-medicaid-coordination/fraud-prevention/fraudabuseforconsumers/report\_fraud\_and\_suspected\_fraud.html">https://www.cms.gov/medicare-medicaid-coordination/fraud-prevention/fraudabuseforconsumers/report\_fraud\_and\_suspected\_fraud.html</a> on the CMS website. You may also contact the U.S. Department of Health and Human Services, Office of Inspector General (HHS-OIG) by email at <a href="https://www.cms.gov/medicare-medicaid-coordination/fraudabuseforconsumers/report\_fraud.html">https://www.cms.gov/medicare-medicaid-coordination/fraudabuseforconsumers/report\_fraud\_html</a> or by calling 1-800-447-8477); TTY: 1-800-377-4950.

To see the electronic version of this fact sheet and the other products included in the "Hospice Care" Toolkit, visit the Medicaid Program Integrity Education page at <a href="https://www.cms.gov/Medicare-Medicaid-Coordination/Fraud-Prevention/Medicaid-Integrity-Education/edmic-landing.html">https://www.cms.gov/Medicare-Medicaid-Coordination/Fraud-Prevention/Medicaid-Integrity-Education/edmic-landing.html</a> on the CMS website.

Follow us on Twitter #MedicaidIntegrity

### References

- 1 Centers for Medicare & Medicaid Services. (2000, July 31). State Medicaid Manual. Chapter 4 § 4305. Hospice Services. Retrieved December 17, 2015, from <a href="https://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/Paper-Based-Manuals-Items/CMS021927.html">https://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/Paper-Based-Manuals-Items/CMS021927.html</a>
- 2 Centers for Medicare & Medicaid Services. (2000, July 31). State Medicaid Manual. Chapter 4 § 4305.2. Hospice Election Procedures. Retrieved December 17, 2015, from <a href="https://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/Paper-Based-Manuals-Items/CMS021927.html">https://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/Paper-Based-Manuals-Items/CMS021927.html</a>
- 3 Centers for Medicare & Medicaid Services. Medicaid.gov. Hospice Benefits. Retrieved December 17, 2015, from <a href="http://medicaid.gov/medicaid-chip-program-information/by-topics/benefits/hospice-benefits.html">http://medicaid.gov/medi
- 4 Centers for Medicare & Medicaid Services. (2000, July 31). State Medicaid Manual. Chapter 4 § 4305.2. Hospice Election Procedures. Retrieved December 17, 2015, from <a href="https://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/Paper-Based-Manuals-Items/CMS021927.html">https://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/Paper-Based-Manuals-Items/CMS021927.html</a>
- 5 Centers for Medicare & Medicaid Services. (2000, July 31). State Medicaid Manual. Chapter 4 § 4305. Hospice Services. Retrieved December 17, 2015, from <a href="https://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/Paper-Based-Manuals-Items/CMS">https://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/Paper-Based-Manuals-Items/CMS</a> 021927.html
- 6 Social Security Act § 1861(dd)(1). Retrieved December 17, 2015, from https://www.ssa.gov/OP Home/ssact/title18/1861.htm
- 7 Centers for Medicare & Medicaid Services. (2000, July 31). State Medicaid Manual. Chapter 4 § 4305.2. Hospice Services. Retrieved December 17, 2015, from <a href="https://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/Paper-Based-Manuals-Items/CMS021927.html">https://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/Paper-Based-Manuals-Items/CMS021927.html</a>
- 8 Department of Health and Human Services. Centers for Medicare & Medicaid Services. (2014, August 22). 42 C.F.R. Parts 405 and 418. Medicare Program; FY 2015 Hospice Wage Index and Payment Rate Update; Hospice Quality Reporting Requirements and Process and Appeals for Part D Payment for Drugs for Beneficiaries Enrolled in Hospice; Final Rule. Retrieved December 17, 2015, from http://www.gpo.gov/fdsys/pkg/FR-2014-08-22/pdf/2014-18506.pdf
- 9 National Quality Forum. (2006, December). A National Framework and Preferred Practices for Palliative and Hospice Care Quality. Retrieved December 17, 2015, from <a href="http://www.qualityforum.org/Publications/2006/12/A\_National\_Framework\_and\_Preferred\_Practices\_for\_Palliative\_and\_Hospice\_Care\_Quality.aspx">http://www.qualityforum.org/Publications/2006/12/A\_National\_Framework\_and\_Preferred\_Practices\_for\_Palliative\_and\_Hospice\_Care\_Quality.aspx</a>
- 10 National Adult Protective Services Association. (2014). Get Help. Retrieved December 17, 2015, from <a href="http://www.napsa-now.org/get-help/help-in-your-area">http://www.napsa-now.org/get-help/help-in-your-area</a>
- 11 The National Consumer Voice for Quality Long-Term Care. Locate an Ombudsman. Retrieved December 17, 2015, from <a href="http://theconsumervoice.org/get\_help">http://theconsumervoice.org/get\_help</a>

## **Disclaimer**

This fact sheet was current at the time it was published or uploaded onto the web. Medicaid and Medicare policies change frequently so links to the source documents have been provided within the document for your reference.

This fact sheet was prepared as a service to the public and is not intended to grant rights or impose obligations. This fact sheet may contain references or links to statutes, regulations, or other policy materials. The information provided is only intended to be a general summary. Use of this material is voluntary. Inclusion of a link does not constitute CMS endorsement of the material. We encourage readers to review the specific statutes, regulations, and other interpretive materials for a full and accurate statement of their contents.

February 2016



