Chapter 9: What to do if you have a problem or complaint (coverage decisions, appeals, complaints)

[Plans should refer members to other parts of the handbook using the appropriate chapter number and section For example, “refer to Chapter 9, Section A.” An instruction [plans may insert reference, as applicable] is listed next to each cross reference throughout the handbook.]

[In cases where members should contact a department other than Member Services (for example, a grievance and appeals unit), plans should revise the instructions about contacting Member Services.]

[Note: Plans should include language in Section E3 if they offer NCQA recommended Peer-to-Peer consultations between the plan’s Medical Directors and Member Providers prior to adverse benefit decision being made.]

Introduction

This chapter has information about your rights. Read this chapter to find out what to do if:

* You have a problem with or a complaint about your plan or your care.
* You need a service or drug that your plan said it will not pay for.
* You disagree with a decision that your plan made about your care, including reducing services.
* You think your plan should provide or arrange a service faster.
* You think that you were asked to leave the hospital too soon.

**If you have a problem or concern, you only need to read the parts of this chapter that apply to your situation.** This chapter is broken into different sections to help you easily find information about what to do for your problem or concern.

**If you are facing a problem with your services**

You should get the medical services, behavioral health services, drugs, and long-term services and supports (LTSS) that are necessary for your care as a part of your Individualized Care Plan (ICP). **If you are having a problem with your care, you can call My Ombudsman at 1-855-781-9898 (or by using MassRelay at 711 to call 1-855-781-9898 or Videophone (VP) 339-224-6831).** This chapter explains the options you have for different problems and complaints, but you can also call My Ombudsman to help you with your problem. For additional resources to address your concerns and ways to contact them, refer to Chapter 2 [*plans should insert reference, as appropriate*] for more information about My Ombudsman.

[*Plans must update the Table of Contents to this document to accurately reflect where the information is found on each page after plan adds plan-customized information to this template.*]

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# What to do if you have a problem

This chapter tells you what to do if you have a problem with <plan name> or with your services. Medicare and MassHealth approved these processes. Each process has a set of rules, procedures, and deadlines that must be followed. This is a summary of your rights.

## A1. About the legal terms

There are legal terms for some of the rules and deadlines in this chapter. Some of these terms may be hard to understand, so we have used simpler words in place of certain legal terms. We use abbreviations as little as possible.

For example, we will say:

* “Making a complaint” rather than “filing a grievance”
* “Coverage decision” rather than “organization determination,” “benefit determination,” “at-risk determination,” or “coverage determination”
* “Fast coverage decision” rather than “expedited determination”

Understanding and knowing the meaning of the proper legal terms can help you communicate more clearly, so we provide those too.

# Where to call for help

## B1. Where to get more information and help

Sometimes it can be confusing to start or follow the process for dealing with a problem. This can be especially true if you do not feel well or have limited energy. Other times, you may not know how to take the next step.

### You can get help from My Ombudsman

My Ombudsman is an independent program that can help you if you have questions, concerns, or problems related to One Care. You can contact My Ombudsman to get information or help to resolve any issue or problem with your One Care plan. My Ombudsman’s services are free. Information about My Ombudsman may also be found in Chapter 2 [*plans should insert reference, as appropriate*]. My Ombudsman’s staff:

* Can answer your questions or refer you to the right place to find what you need.
* Can help you address a problem or concernwith One Care or your One Care plan,<plan name>. My Ombudsman’s staff will listen, investigate the issue, and discuss options with you to help solve the problem.
* Help with appeals. An appeal is a formal way of asking your One Care plan, MassHealth, or Medicare to review a decision about your services. My Ombudsman’s staff can talk with you about how to make an appeal and what to expect during the appeal process.

You can call, email, write, or visit My Ombudsman at its office.

* Call 1-855-781-9898, Monday through Friday from 9:00 a.m. to 4:00 p.m. People who are deaf, hard of hearing, or speech disabled should use MassRelay at 711 to call 1‑855-781-9898 or Videophone (VP) 339-224-6831.
* Email [info@myombudsman.org](mailto:info@myombudsman.org)
* Write to or visit My Ombudsman’s office at 25 Kingston Street, 4th floor, Boston, MA 02111.
  + Please refer to the My Ombudsman website or contact them directly for updated information about location, appointments, and walk-in hours.
* Visit My Ombudsman online at [www.myombudsman.org](http://www.myombudsman.org/)

### You can get help from the State Health Insurance Assistance Program (SHIP)

You can also call your State Health Insurance Assistance Program (SHIP). In Massachusetts, this program is called SHINE (Serving the Health Insurance Needs of Everyone). SHINE counselors can answer your questions and help you understand what to do to take care of your problem. SHINE is not connected with us or with any insurance company or health plan. SHINE has trained counselors in Massachusetts, and services are free. The SHINE phone number is 1-800-243-4636 and their website is <URL>. TTY (for people who are deaf, hard of hearing, or speech disabled): 1-800-439-2370 (Massachusetts only).

### Getting help from Medicare

You can call Medicare directly for help with problems. Here are two ways to get help from Medicare:

* Call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY (for people who have difficulty speaking or hearing): 1-877-486-2048. The call is free.
* Visit the Medicare website at [www.medicare.gov](http://www.medicare.gov).

### Getting help from MassHealth

You can call MassHealth Customer Service directly for help with problems. Call 1-800-841-2900. TTY (for people who are deaf, hard of hearing, or speech disabled): 711.

# Which sections to read in this chapter to help with your problem

C1. Using the process for coverage decisions and appeals or for making a complaint

**If you have a problem or concern, you only need to read the parts of this chapter that apply to your situation**. The chart below will help you find the right section of this chapter to read for your problem or complaint.

|  |  |
| --- | --- |
| **Is your problem or concern about your benefits or coverage?**  (This includes problems about whether particular medical care (medical items, services, behavioral health care, long-term services and supports, and/or Part B prescription drugs) are covered and paid for by our plan.) | |
| **Yes.** My problem is about benefits or coverage.  Refer to Section D: **“Coverage decisions and appeals”**. | **No.** My problem is not about benefits or coverage.  Skip ahead toSection J: **“How to make a complaint”**. |

# Coverage decisions and Appeals

## D1. Overview

When you ask for information on coverage decisions and making appeals, it means that you’re dealing with problems related to your benefits and coverage for your medical care (services, items and Part B prescription drugs, including payment). To keep things simple we generally refer to medical items, services, and Part B prescription drugs as **medical care**.

### What is a coverage decision?

A coverage decision is a decision we make about what services, items, and drugs we will cover for you. For example, your plan network doctor makes a (favorable) coverage decision for you whenever you receive medical care from them or if your network doctor refers you to a medical specialist.

If you or your doctor are not sure if a service, item, or drug is covered by our plan, either of you can ask for a coverage decision before the doctor gives the service, item, or drug. In other words, if you want to know if we will cover a service, item, or drug before you receive it, you can ask us to make a coverage decision for you.

### What is an appeal?

An appeal is a formal way of asking us to review our coverage decision. For example, we might decide that a service, item, or drug that you want is not covered or is not medically necessary for you. If you disagree with our decision, you can appeal this decision. If you want, your provider can file an appeal for you.

## D2. Getting help

### Who can I call for help with asking for coverage decisions or making an Appeal?

There are a few different ways that you can ask for help.

* Call **Member Services** at <phone number>.
* Call your Care Coordinator.
* Call, email, write, or visit **My Ombudsman**.
  + Call 1-855-781-9898, Monday through Friday from 9:00 a.m. to 4:00 p.m. People who are deaf, hard of hearing, or speech disabled should use MassRelay at 711 to call 1-855-781-9898 or Videophone (VP) 339-224-6831.
  + Email [info@myombudsman.org](mailto:info@myombudsman.org).
  + Visit My Ombudsman online at [www.myombudsman.org](http://www.myombudsman.org).
  + Write to or visit the My Ombudsman office at 25 Kingston Street, 4th floor, Boston, MA 02111.
* Please refer to the My Ombudsman website or contact them directly for updated information about location, appointments, and walk-in hours.
* Call the **State Health Insurance Assistance Program (SHIP)** for free help. In Massachusetts, the SHIP is called SHINE. SHINE is an independent organization. It is not connected with this plan. The SHINE phone number is 1-800-243-4636. TTY (for people who are deaf, hard of hearing, or speech disabled): 1-800-439-2370 (Massachusetts only).
* Talk to **your doctor or other provider**. Your doctor or other provider can ask for a coverage decision or appeal on your behalf, and act as your representative.
* Talk to a **friend or family member** and ask them to act for you. You can name another person to act for you as your representative to ask for a coverage decision or make an Appeal.
* If you want a friend, relative, or other person beside your provider to be your representative, call Member Services and ask for the “Appointment of Representative” form. You can also get the form by visiting [www.cms.gov/Medicare/CMS-Forms/CMS-Forms/downloads/cms1696.pdf](http://www.cms.gov/Medicare/CMS-Forms/CMS-Forms/downloads/cms1696.pdf) [*plans may also insert*: or on our website at <URLs or link to form>].
* The form gives the person permission to act for you. You must give us a copy of the signed form. Your designated representative will have the same rights as you do in asking for a coverage decision or making an Appeal. You do not need to provide this form for your doctor or other health care provider to act as your representative.
* **You also have the right to ask a lawyer** to act for you. You may call your own lawyer, or get the name of a lawyer from the local bar association or other referral service. Our plan will not pay for you to have a lawyer. Some legal groups will give you free legal services if you qualify. If you want a lawyer to represent you, you will need to fill out the Appointment of Representative form.
* However, **you do not have to have a lawyer** to ask for any kind of coverage decision or to make an Appeal.

## D3. Using the section of this chapter that will help you

There are four different types of situations that involve coverage decisions and Appeals. Each situation has different rules and deadlines. We separate this chapter into different sections to help you find the rules you need to follow. **You only need to read the section that applies to your problem:**

* Section Egives you information if you have problems about medical care (**not** Part D drugs). For example, use this section if:
* You are not getting a service, item, or drug you want and you believe our plan covers this care.
* We did not approve medical care that your doctor wants to give you, and you believe this care should be covered and is medically necessary.
* **NOTE:** Use Section E only if these are drugs **not** covered by Part D. Drugs in the *List of* Covered *Drugs,* also known as the *Drug List*,with a [plans should insert symbol used in the Drug List to indicate Medicaid-covered drugs] are **not** covered by Part D. Refer to Section F for Part D drug Appeals.
* You got and paid for medical care you thought we cover, and you want to ask us to pay you back.
* **NOTE:** For more information about the rules to follow for our plan to pay for your health care, refer to Chapter 3 [plans may insert reference, as applicable].
* We notified you that coverage for medical care you have been getting will be reduced or stopped, and you disagree with our decision.
* **NOTE:** If the coverage that will be stopped is for hospital care, home health care, skilled nursing facility care, or Comprehensive Outpatient Rehabilitation Facility (CORF) services, you need to read a separate section of this chapter because special rules apply to these types of services. Refer to Sections G and H.
* Your request for a coverage decision might be dismissed, which means we won’t review the request. Examples of when we might dismiss your request are: if your request is incomplete, if someone makes the request for you but hasn’t given us proof that you agreed to allow them to make the request, or if you ask for your request to be withdrawn. If we dismiss a request for a coverage decision, we will send a notice explaining why, and how to ask for a review of the dismissal. This review is a formal process called an appeal.
* Section F gives you information about Part D drugs. For example, use this section if:
* You want to ask us to make an exception to cover a Part D drug that is not on our *Drug List*.
* You want to ask us to waive limits on the amount of the drug you can get.
* You want to ask us to cover a drug that requires prior authorization (PA) or approval.
* We did not approve your request or exception, and you or your doctor or other prescriber thinks that we should have.
* You want to ask us to pay for a prescription drug you already bought. (This is asking for a coverage decision about payment.)
* Section G gives you information on how to ask us to cover a longer inpatient hospital stay. Use this section if you are in the hospital and think that the doctor asked you to leave the hospital too soon.
* Section H gives you information if you think your home health care, skilled nursing facility care, and Comprehensive Outpatient Rehabilitation Facility (CORF) services are ending too soon.

If you’re not sure which section you should use, please call Member Services at <phone number>.

If you need other help or information, please call My Ombudsman at 1-855-781-9898 (or use MassRelay at 711 to call 1-855-781-9898 or Videophone (VP) 339-224-6831) or email [info@myombudsman.org](mailto:info@myombudsman.org).

# Problems about medical care

## E1. When to use this section

This section is about what to do if you have problems with your benefits for your medical care such as medical services, behavioral health care, and long-term-services and supports (LTSS). You can also use this section for problems with drugs that are **not** covered by Part D, including Medicare Part B drugs. Drugs in the *Drug List* with a [plans should insert symbol used in the Drug List to indicate Medicaid-covered drugs]are **not** covered by Part D. Use Section F for Part D drug Appeals.

This section tells what you can do if:

1. You think we cover medical care you need but are not getting.

**What you can do:** You can ask us to make a coverage decision. Refer to Section E2 for information on asking for a coverage decision.

1. We did not approve medical care that your doctor or provider wants to give you, and you think we should have. Or, we reduced or stopped your coverage for a certain service, and you disagree with our decision.

**What you can do:** You can appeal our decision. Refer to Section E3 for information on making an appeal.

**NOTE:** If the coverage that will be stopped is for hospital care, home health care, skilled nursing facility care, or Comprehensive Outpatient Rehabilitation Facility (CORF) services, special rules apply. Read Sections G or H to find out more.

1. You got medical care you thought were covered, and you want us to reimburse you for the services or items.

**What you can do:** You can ask us to pay you back. Refer to Section E5 for information on asking us for payment.

## E2. Asking for a coverage decision

[*Plans should revise the language below as needed to reflect how and to whom the member should request a coverage decision, including whether the member should work with the Care Coordinator, a provider on the Care Team, or the plan directly.*]

To ask for a coverage decision, call, write, or fax us, or ask your representative or doctor to ask us for a decision.

* You can call us at: <phone number> TTY: <phone number>.
* You can fax us at: <phone number>
* You can write to us at: <address>
* You can ask your Care Coordinator.

### How long does it take to get a coverage decision?

It usually takes up to 14 calendar days after you ask unless your request is for a Medicare Part B prescription drug. If your request is for a Medicare Part B prescription drug, we will give you a decision no more than 72 hours after we receive your request. If we don’t give you our decision within 14 calendar days (or 72 hours for a Medicare Part B prescription drug), you can appeal.

Sometimes we need more time, and we will send you a letter telling you that we will take up to 14 more calendar days. The letter will explain why more time is needed. We can’t take extra time to give you a decision if your request is for a Medicare Part B prescription drug.

### Can I get a coverage decision faster?

**Yes**. If you need a response faster because of your health, ask us to make a “fast coverage decision.” If we approve the request, we will notify you of our decision within 72 hours (or within 24 hours for a Medicare Part B prescription drug).

However, sometimes we need more time, and if that happens, we will send you a letter telling you that we will take up to 14 more calendar days. The letter will explain why more time is needed. We can’t take extra time to give you a decision if your request is for a Medicare Part B prescription drug.

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| **The legal term** for “fast coverage decision” is **“expedited determination.”** |

### To ask for a fast coverage decision:

* Start by calling or faxing our plan to ask us to cover the care you want.
* You can call us at <phone number> or fax us at <fax number>. For details on how to contact us, refer to Chapter 2 [plans may insert reference, as applicable].
* You can also have your provider or your representative call us.

### What are the rules for asking for a fast coverage decision?

You can get a fast coverage decision only if you meet the following two requirements:

1. You are asking about care you have not yet received. (You cannot ask for a fast coverage decision if your request is about medical care you already got.)
2. The usual 14 calendar day deadline (or the 72 hour deadline for Medicare Part B prescription drugs) could cause serious harm to your health or hurt your ability to function.

* If your provider says that you need a fast coverage decision, we will automatically give you one.
* If you ask for a fast coverage decision without your provider’s support, we will decide if you get a fast coverage decision.
* If we decide not to give you a fast coverage decision, we will use the standard 14 calendar day deadline (or the 72 hour deadline for Medicare Part B prescription drugs) instead. We will also send you a letter.
* This letter will tell you that if your provider asks for the fast coverage decision, we will automatically give you one.
* The letter will also tell how you can file a “fast complaint” about our decision to give you a standard coverage decision instead of a fast coverage decision. For more information about the process for making complaints, including fast complaints, refer to Section J.

### How will I find out the plan’s answer about my coverage decision?

The plan will send you a letter telling you whether or not we approved coverage.

### What if the coverage decision is No?

If the answer is **No**, the letter we send you will tell you our reasons for saying **No**.

* If we say **No**, you have the right to ask us to change this decision by making an Appeal. Making an Appeal means asking us to review our decision to deny coverage.
* If you decide to appeal the coverage decision, it means you are going on to Level 1 of the appeals process (read the next section for more information).

## E3. Level 1 Appeal for medical care, (not Part D drugs)

### What is an Appeal?

An Appeal is a formal way of asking us to review a coverage decision, or any Adverse Action that we took. If you or your doctor disagree with our decision, you can appeal. In all cases, you must start your Appeal at Level 1 with our plan.

If you need help during the appeals process, you can call My Ombudsman at 1-855-781-9898 (or use MassRelay at 711 to call 1-855-781-9898 or Videophone (VP) 339-224-6831). My Ombudsman is not connected with us or with any insurance company or health plan.

### What is an Adverse Action?

An Adverse Action is an action, or lack of action, by our plan that you can appeal. This includes:

* We denied or approved a limited service or item your doctor requested;
* We reduced, suspended, or ended coverage that we had already approved;
* We did not pay for a service or item that you think is covered by our plan;
* We did not resolve your authorization request within the required time frames;
* You could not get a covered service or item from a provider in our network within a reasonable amount of time; **or**
* We did not act within the time frames for reviewing a coverage decision and giving you a decision.

| At a glance:How to make a Level 1 Appeal  You, your doctor, or your representative may put your request in writing and mail or fax it to us. You may also ask for an Appeal by calling us.   * Ask **within 65 calendar days** of the decision you are appealing. If you miss the deadline for a good reason, you may still appeal. * If you appeal because we told you that a service you currently get will be changed or stopped, **you have fewer days to appeal** if you want to keep getting that service while your Appeal is processing. * Keep reading this section to learn about what deadline applies to your Appeal. |
| --- |

### What is a Level 1 Appeal?

A Level 1 Appeal is the first appeal to our plan. We will review our coverage decision to find out if it is correct. The reviewer will be someone who did not make the original coverage decision.

You can ask us for a “standard Appeal” or a “fast Appeal.” When we complete the review, we will give you our decision in writing.

If we tell you after our review that the service or item is not covered, your case can go to a Level 2 Appeal.

### How do I make a Level 1 Appeal?

* To start your Appeal, you, your doctor, or your representative must contact us. You can call us at <phone number>. For additional details on how to reach us for Appeals, refer to Chapter 2 [plans may insert reference, as applicable].
* If you are asking for a standard Appeal or a fast Appeal, you can make your Appeal in writing or call us.
* You can submit a request to the following address: <address>
* Or, you can call Member Services at <phone number>.

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| **The legal term** for “fast Appeal” is **“expedited reconsideration.”** |

### Can someone else make the Level 1 Appeal for me?

**Yes**. Your provider can request the Appeal on your behalf. If you want someone besides your provider to make the Appeal for you, you must first complete an Appointment of Representative form. The form gives the other person permission to act for you.

To get an Appointment of Representative form, call Member Services and ask for one, or visit [www.cms.gov/Medicare/CMS-Forms/CMS-Forms/downloads/cms1696.pdf](http://www.cms.gov/Medicare/CMS-Forms/CMS-Forms/downloads/cms1696.pdf) [plans may also insert: or our website at <URL **or** link to form>].

If the Appeal comes from someone besides you or your provider, we must get the completed Appointment of Representative form before we can review your request.

If we don’t get this form, and someone is acting for you, your appeal request will be dismissed. If this happens, you have a right to have someone else review our dismissal. We will send you a written notice explaining your right to ask the Independent Review Organization to review our decision to dismiss your appeal.

### How much time do I have to make a Level 1 Appeal?

You must ask for an Appeal **within 65 calendar days** from the date on the letter we sent you to tell you our coverage decision.

If you miss this deadline and have a good reason for missing it, we may give you more time to make your Appeal. Examples of a good reason include: you had a serious illness, or we gave you the wrong information about the deadline for requesting an Appeal. You should explain the reason your Appeal is late when you make your appeal.

**NOTE:** If you appeal because we told you that a service you currently get will be changed or stopped, **you have fewer days to appeal** if you want to keep getting that service while your Appeal is processing. Read “Will my benefits continue during a Level 1 Appeal”for more information.

### Can I get a copy of my case file?

**Yes**. You can ask to look at the medical records and other documents used to make our decision at any time. At no cost to you, you can also ask for a copy of the guidelines we used to make our decision. Ask us for this information by calling Member Services at <phone number>.

### Can my provider give you more information to support my Level 1 Appeal?

**Yes**. Both you and your provider may give us more information to support your Appeal.

### How will we make the Level 1 Appeal decision?

We take a careful look at all of the information about your request for coverage of medical care. Then we check to find out if we were following all the rules when we said **No** to your request. The reviewer will be someone who did not make the original decision.

If we need more information, we may ask you or your provider for it.

### When and how will I hear about a standard Level 1 Appeal decision?

We must give you our answer within 30 calendar days after we get your Appeal (or within 7 calendar days after we get your appeal for a Medicare Part B prescription drug). This rule applies if you sent your Appeal before getting services or items. We will give you our decision sooner if your health condition requires us to.

* However, if you ask for more time, or if we need to gather more information, we can take up to 14 more calendar days. If we decide we need to take extra days to make a decision, we will send you a letter that explains why we need more time. We can’t take extra time to make a decision if your Appeal is for a Medicare Part B prescription drug.
* If you believe we should not take extra days, you can file a “fast complaint” about our decision to take extra days. When you file a fast complaint, we will give you an answer to your complaint within 24 hours. For more information about the process for making complaints, including fast complaints, refer to Section J.
* If we do not give you an answer to your Appeal within 30 calendar days (or within 7 calendar days after we get your Appeal for a Medicare Part B prescription drug) or by the end of the extra days (if we took them), your case will automatically go to Level 2 of the appeals process if the service or item is usually covered by Medicare or both Medicare and MassHealth. You will be notified if this happens. If your problem is about coverage of a MassHealth service or item, you can file a Level 2 Appeal yourself. For more information about the Level 2 Appeal process, refer to Section E4.

We will send you a letter giving you our answer about your Appeal.

**If our answer is Yes** to part or all of what you asked for, we must approve or give that coverage. We must approve or give coverage for a Medicare Part B prescription drug within 7 calendar days after we get your Appeal.

**If our answer is No** to part or all of what you asked for, we will send you a letter. If the service or item is traditionally paid for by Medicare or both Medicare and MassHealth, the letter we send will tell you that we sent your case to the Independent Review Entity for a Level 2 Appeal. If the service or item is traditionally paid for by MassHealth, the letter will also tell you that you can ask for a Level 2 Appeal from the MassHealth Board of Hearings. For more information about the Level 2 Appeal process, refer to Section E4.

### When and how will I hear about a fast Level 1 Appeal decision?

If you get a fast Appeal, we will give you our answer within 72 hours after we get your Appeal. We will give you our answer sooner than 72 hours if your health requires us to do so.

* However, if you ask for more time, or if we need to gather more information, we can take up to 14 more calendar days. If we decide to take extra days to make the decision, we will send you a letter that explains why we need more time. We can’t take extra time to make a decision if your request is for a Medicare Part B prescription drug.
* If you believe we should not take extra days, you can file a “fast complaint” about our decision to take extra days. When you file a fast complaint, we will give you an answer to your complaint within 24 hours. For more information about the process for making complaints, including fast complaints, refer to Section J.
* If we do not give you an answer to your appeal within 72 hours or by the end of the extra days (if we took them), your case will automatically go to Level 2 of the appeals process if the service or item is usually covered by Medicare or both Medicare and MassHealth. You will be notified if this happens. If your problem is about coverage of a MassHealth service or item, you can file a Level 2 Appeal yourself. For more information about the Level 2 Appeal process, refer to Section E4.

We will send you a letter giving you our answer about your Appeal.

**If our answer is Yes** to part or all of what you asked for, we must approve or give that coverage.

**If our answer is No** to part or all of what you asked for, we will send you a letter. If the service or item is traditionally paid for by Medicare or Medicare and MassHealth, the letter we send will tell you that we sent your case to the Independent Review Entity for a Level 2 Appeal. If the service or item is traditionally paid for by MassHealth, the letter will also tell you that you can ask for a Level 2 Appeal from the MassHealth Board of Hearings. For more information about the Level 2 Appeal process, refer to Section E4.

### Will my benefits continue during a Level 1 Appeal?

If you are appealing to get a new service from our plan, then you would not get that service unless your Appeal is finished and our decision is that the service is covered.

If you are appealing because we decided to change or stop a service that was previously approved, you have the right to keep getting that service from our plan during your Appeal. Before we change or stop a service, we will send you a notice. If you disagree with the action described in the notice, you can file a Level 1 Appeal and ask that we continue your benefits for the service. You must **make the request on or before the later of the following** in order to continue your benefits:

* Within 10 days of the mailing date of our notice of action; **or**
* The intended effective date of the action.

If you meet this deadline, you can keep getting the disputed service while your Appeal is processing.[Plans must insert this sentence if they conduct cost recovery: If your benefits are continued and the final result of the Appeal upholds our action, we may recover the cost of the services provided to you while the Appeal was pending.]

* If you want to continue your benefits while your Appeal is pending:
  + You can call Member Services at <phone number>; **or**
  + You can get additional help by calling My Ombudsman at 1-855-781-9898 (or use MassRelay at 711 to call 1-855-781-9898 or Videophone (VP) 339-224-6831) or email [info@myombudsman.org](mailto:info@myombudsman.org).

## E4. Level 2 Appeal for medical care, (not Part D drugs)

### If the plan says No at Level 1, what happens next?

If we say **No** to part or all of your Level 1 Appeal, we will send you a letter. This letter will tell you if your Appeal is for a service or item covered by Medicare, both Medicare and MassHealth, or just by MassHealth. This letter will tell you how to make a Level 2 Appeal and will describe the Level 2 appeals process.

### What is a Level 2 Appeal?

A Level 2 Appeal is the second Appeal, which is done by an independent organization that is not connected to the plan. Medicare’s Level 2 Appeal organization is called the Independent Review Entity (IRE). The IRE is an independent organization hired by Medicare. It is not a government agency. Medicare oversees its work. MassHealth’s Level 2 Appeal organization is called the MassHealth Board of Hearings.

You have Appeal rights with both Medicare and MassHealth. The services and items that you can get with our plan are covered by Medicare only, MassHealth only, or both Medicare and MassHealth.

* When a service or item is covered only by Medicare, you will **automatically** get a Medicare Level 2 Appeal from the IRE if the answer to your Level 1 Appeal was No.
* When a service or item is covered only by MassHealth, then **you must ask for** a Level 2 Appeal from the MassHealth Board of Hearings if the answer to your Level 1 Appeal was **No** and you want to appeal again.
* When a service or item is covered by **both** Medicare and MassHealth, you will **automatically** get a Medicare Level 2 Appeal from the IRE if the answer to your Level 1 Appeal was **No**. **You can also ask for** a Level 2 Appeal from the MassHealth Board of Hearings.

To make sure that Level 2 Appeals are fair and do not take too long, there are some rules, procedures, and deadlines that must be followed by us and by you.

### What are the rules for asking for a Level 2 Appeal from the MassHealth Board of Hearings?

You must ask for a Level 2 Appeal from the MassHealth Board of Hearings **within 120 calendar days** from the date of our letter telling you about our Level 1 Appeal decision. The letter will tell you how to ask for a Level 2 Appeal from the Board of Hearings:

* The MassHealth Board of Hearings is not connected with <plan name>.
* You may ask for a copy of your file.

To ask for a Level 2 Appeal from the Board of Hearings, you must complete a Fair Hearing Request Form. You can get the form:

* Online at: [www.mass.gov/files/documents/2016/07/rq/fair-hearing.pdf](http://www.mass.gov/files/documents/2016/07/rq/fair-hearing.pdf)
* By calling MassHealth Customer Service at 1-800-841-2900, TTY 711 (for people who are deaf, hard of hearing, or speech disabled).

The Board of Hearings must give you an answer to your Level 2 Appeal within 30 calendar days of when it gets your Appeal. If the Board of Hearings needs to gather more information that may help you, it can take up to 14 more calendar days.

If you had a “fast Appeal” at Level 1, you will automatically have a fast Appeal at Level 2. The Board of Hearings must give you an answer within 72 hours of when it gets your Appeal. If the Board of Hearings needs to gather more information, it can take up to 14 more calendar days.

### What are the rules for getting an Appeal from the Medicare Independent Review Entity?

If we say **No** to part or all of your Appeal at Level 1 and the service or item is traditionally covered by Medicare or both Medicare and MassHealth, you will **automatically** get a Level 2 Appeal from the Independent Review Entity (IRE). The IRE will carefully review the Level 1 decision and decide whether it should be changed.

* We will automatically send any denials (in whole or in part) to the IRE. You will be notified if this happens. You do not need to request the Level 2 Appeal for services and items covered by Medicare.
* The IRE is hired by Medicare and is not connected with this plan.
* You may ask for a copy of your file by calling Member Services at <phone number>.

The IRE must give you an answer to your Level 2 Appeal within 30 calendar days of when it gets your Appeal (or within 7 calendar days of when it gets your Appeal for a Medicare Part B prescription drug). This rule applies if you sent your Appeal before getting medical services or items.

* If the IRE needs to gather more information that may help you, it can take up to 14 more calendar days. If the IRE decides to take extra days to make a decision, they will tell you by letter. The IRE can’t take extra time to make a decision if your Appeal is for a Medicare Part B prescription drug.

If you had a “fast Appeal” at Level 1, you will automatically have a fast Appeal at Level 2. The IRE must give you an answer within 72 hours of when it gets your Appeal.

* If the IRE needs to gather more information that may help you, it can take up to 14 more calendar days. If the IRE decides to take extra days to make a decision, they will tell you by letter. The IRE can’t take extra time to make a decision if your Appeal is for a Medicare Part B prescription drug.

### Will my benefits continue during the Level 2 Appeal?

If your problem is about a service **covered by Medicare only**, your benefits for that service will **not** continue during the Level 2 appeals process with the Independent Review Entity.

If your problem is about a service **covered by MassHealth or both Medicare and MassHealth**, your benefits for that service will continue during the Level 2 appeals process if:

* You are appealing because we decided to reduce or stop a service you were already getting, **AND**
* You ask for a Level 2 Appeal from the MassHealth Board of Hearings.

To get a service while you are appealing, you must:

* Ask for the MassHealth Board of Hearings to review your Appeal within 10 days of getting our letter about the Level 1 Appeal decision.
* Tell the MassHealth Board of Hearings that you want our plan to keep giving you the service while you are appealing.

If you continue to receive services during the Board of Hearings Appeal process and the decision isn’t in your favor, you may have to pay for the cost of those services.

If you do not ask for the MassHealth Board of Hearings to review your Appeal, you will not get the service during your Appeal.

If you are appealing to get a new service, you will not get that service while you are appealing, even if you ask for an Appeal by the MassHealth Board of Hearings.

### How will I find out about the decision?

If your Level 2 Appeal went to the MassHealth Board of Hearings, the Board of Hearings will send you a letter explaining its decision.

* If the Board of Hearings says **Yes** to part or all of what you asked for, we must approve the service or item for you within 72 hours.
* If the Board of Hearings says **No** to part or all of what you asked for, it means they agree with the Level 1 Appeal decision. This is called “upholding the decision.” It is also called “turning down your Appeal.”

If your Appeal went to the Independent Review Entity (IRE), the IRE will send you a letter explaining its decision.

* If the IRE says **Yes** to part or all of what you asked for in your standard appeal, we must authorize the medical care coverage within 72 hours or give you the service or item within 14 calendar days from the date we get the IRE’s decision. If you had a fast appeal, we must authorize the medical care coverage or give you the service or item within 72 hours from the date we get the IRE’s decision.
* If the IRE says **Yes** to part or all of what you asked for in your standard appeal for a Medicare Part B prescription drug, we must authorize or provide the Medicare Part B prescription drug within 72 hours after we get the IRE’s decision. If you had a fast appeal, we must authorize or provide the Medicare Part B prescription drug within 24 hours from the date we get the IRE’s decision.
* If the IRE says **No** to part or all of what you asked for, it means they agree with the Level 1 decision. This is called “upholding the decision.” It is also called “turning down your appeal.”

### What if I appealed to both the Board of Hearings and the Independent Review Entity and they have different decisions?

If either the Board of Hearings or the Independent Review Entity decide **Yes** for all or part of what you asked for, we will give you the approved service or item that is closest to what you asked for in your Appeal.

### If the decision is No for all or part of what I asked for, can I make another Appeal?

* If your Level 2 Appeal went to the MassHealth Board of Hearings, you can appeal further with the Commonwealth of Massachusetts Superior Court.
* If your Level 2 Appeal went to the Independent Review Entity (IRE), you can appeal again only if the dollar value of the service or item you want meets a certain minimum amount. The letter you get from the IRE will explain additional appeal rights you may have.
* If your Level 2 Appeal went to the MassHealth Board of Hearings *and* the IRE, both additional appeal options are available to you.

Refer to Section I for more information on additional levels of appeal.

## E5. Payment problems

With One Care, there are rules for getting services and items. One of the rules is that the service or item must be covered by our plan. Another rule is that you must get the service or item from one of the providers in our network. Refer to Chapter 3 [plans may insert reference, as applicable] to read all the rules. If you follow all the rules, then we will pay for your services and items.

If you are not sure if we will pay for a service or item you want to get or a provider you want to use, **ask your** [insert **Care Coordinator** or other appropriate individual] **before you get the service**. Your [insert Care Coordinator or other appropriate individual] will tell you if the plan will pay, or if you need to ask us for a coverage decision.

If you choose to get a service or item that may not be covered by our plan, or if you get a service or item from a provider that does not work with our plan, then we will not automatically pay for the service or item. In that case, you may have to pay for the service or item yourself. If that happens and you want to ask us to pay you back, start by reading Chapter 7: “Asking us to pay a bill you have gotten for covered services or drugs.” Chapter 7 describes the situations in which you may need to ask us to pay you back or to pay a bill you got from a provider. It also tells you how to send us the paperwork that asks us for payment.

### What if I followed the rules for getting services and items, but I got a bill from a provider?

We do not allow our network providers to bill you for covered services and items. This is true even if we pay the provider less than the provider charges for a covered service or item. You are never required to pay the balance of any bill.

If you get a bill for covered services and items, send the bill to us. **You should not pay the bill yourself.** We will contact the provider directly and take care of the problem.

### Can I ask you to pay me back for a service or item I paid for?

Remember, if you get a bill for covered services and items, you should not pay the bill yourself. But if you do pay the bill, you can get a refund if you followed the rules for getting services and items.

If you are asking to be paid back, you are asking for a coverage decision. We will decide if the service or item you paid for is a covered service or item, and we will check to find out if you followed all the rules for using your coverage.

* If the service or item you paid for is covered, and you followed all the rules, we will send you the payment for the service or item typically within 30 calendar days, but no later than 60 calendar days after we get your request.
* Or, if you haven’t paid for the service or item yet, we will send the payment directly to the provider. When we send the payment, it’s the same as saying “yes” to your request for a coverage decision.
* If the service or item is not covered, or you did *not* follow all the rules, we will send you a letter telling you that we will not pay for the service or item, and explaining why.

### What if we say we will not pay?

If you do not agree with our decision, **you can make an Appeal**. Follow the appeals process described in Section E3. When you follow these instructions, please note:

* If you make an Appeal to be paid back, we must give you our answer within 60 calendar days after we get your Appeal.
* If you are asking us to pay you back for a service or item that you already got and paid for yourself, you cannot ask for a fast Appeal.

If we answer **No** to your Appeal and the service or item is covered by Medicare, we will automatically send your case to the Independent Review Entity (IRE). We will notify you by letter if this happens.

* If the IRE reverses our decision and says we should pay you, we must send the payment to you or to the provider within 30 calendar days. If the answer to your Appeal is **Yes** at any stage of the appeals process after Level 2, we must send the payment you asked for to you or to the provider within 60 calendar days.
* If the IRE says **No** to your Appeal, it means they agree with our decision not to approve your request. (This is called “upholding the decision.” It is also called “turning down your Appeal.”) The letter you get will explain additional appeal rights you may have. You can appeal again only if the dollar value of the service or item you want meets a certain minimum amount. Refer to Section I for more information on additional levels of Appeal.

If we answer **No** to your Appeal and the service or item is covered by MassHealth, you cannot appeal to the MassHealth Board of Hearings for Appeals about payment.

# Part D drugs

F1. What to do if you have problems getting a Part D drug or you want us to pay you back for a Part D drug

Your benefits as a member of our plan include coverage for many prescription drugs. Most of these drugs are “Part D drugs.” There are a few drugs that Medicare Part D does not cover but that MassHealth may cover. **This section applies only to Part D drug Appeals.**

The *Drug List*, includes some drugs with a [plans should insert symbol used in the Drug List to indicate Medicaid-covered drugs]. These drugs are not Part D drugs. Appeals or coverage decisions about drugs with [plans should insert symbol used in the Drug List to indicate Medicaid-covered drugs] symbol follow the process in **Section E**.

### Can I ask for a coverage decision or make an Appeal about Part D prescription drugs?

**Yes**. Here are examples of coverage decisions you can ask us to make about your Part D drugs:

* You ask us to make an exception, such as:
* asking us to cover a Part D drug that is not on the plan’s *Drug List*; **or**
* asking us to waive a restriction on the plan’s coverage for a drug (such as limits on the amount of the drug you can get).
* You ask us if a drug is covered for you (for example, when your drug is on the plan’s *Drug List* but we require you to get approval from us before we will cover it for you).

**NOTE:** If your pharmacy tells you that your prescription cannot be filled, you will get a notice explaining how to contact us to ask for a coverage decision.

* You ask us to pay for a prescription drug you already bought. This is asking for a coverage decision about payment.

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| **The legal term** for a coverage decision about your Part D drugs is **“coverage determination.”** |

If you disagree with a coverage decision we have made, you can appeal our decision. This section tells you how to ask for coverage decisions **and** how to request an Appeal.

Use the chart below to help you decide which section has information for your situation.

| **Which of these situations are you in?** | | | |
| --- | --- | --- | --- |
| Do you need a drug that isn’t on our *Drug List* or need us to waive a rule or restriction on a drug we cover? | Do you want us to cover a drug on our *Drug List* and you believe you meet any plan rules or restrictions (such as getting approval in advance) for the drug you need? | Do you want to ask us to pay you back for a drug you already got and paid for? | Have we already told you that we will not cover or pay for a drug in the way that you want it to be covered or paid for? |
| **You can ask us to make an exception.** (This is a type of coverage decision.) | **You can ask us for a coverage decision.** | **You can ask us to pay you back.** (This is a type of coverage decision.) | **You can make an Appeal.** (This means you are asking us to reconsider.) |
| Start with Section F2. Also refer to Sections F3 and F4. | Skip ahead to Section F4. | Skip ahead to Section F4. | Skip ahead to Section F5. |

## F2. What an exception is

An exception is permission to get coverage for a drug that is not normally on our *Drug List* or to use the drug without certain rules and limitations. If a drug is not on our *Drug List* or is not covered in the way you would like, you can ask us to make an exception.

When you ask for an exception, your doctor or other prescriber will need to explain the medical reasons why you need the exception.

Here are examples of exceptions that you or your doctor or another prescriber can ask us to make.

1. Covering a Part D drug that is not on our *Drug List.*

* You cannot ask for an exception to the copay or coinsurance amount we require you to pay for the drug.

1. Removing a restriction on our coverage. There are extra rules or restrictions that apply to certain drugs on our *Drug List* (for more information, refer to Chapter 5 [plans may insert reference, as applicable]).

* The extra rules and restrictions on coverage for certain drugs include:
* [Omit if plan does not use generic substitution.] Being required to use the generic versionof a drug instead of the brand name drug.
* [Omit if plan does not use prior authorization (PA).] Getting plan approval before we will agree to cover the drug for you. (This is sometimes called “prior authorization” (PA).) We must provide the medical necessity criteria to get plan approval for a drug if you, your provider, or MassHealth asks us for it.
* [Omit if plan does not use step therapy.]Being required to try a different drug first before we will agree to cover the drug you are asking for. (This is sometimes called “step therapy.”)
* [Omit if plan does not use quantity limits.] Having quantity limits. For some drugs, we limit the amount of the drug you can have.

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| **The legal term** for asking for removal of a restriction on coverage for a drug is sometimes called asking for a **“formulary exception.”** |

## F3. Important things to know about asking for exceptions

### Your doctor or other prescriber must tell us the medical reasons

Your doctor or other prescriber must give us a statement explaining the medical reasons for requesting an exception. Our decision about the exception will be faster if you include this information from your doctor or other prescriber when you ask for the exception.

Typically, our *Drug List* includes more than one drug for treating a particular condition. These are called “alternative” drugs. If an alternative drug would be just as effective as the drug you are asking for and would not cause more side effects or other health problems, we will generally notapprove your request for an exception.

### We will say Yes or No to your request for an exception

* If we say **Yes** to your request for an exception, the exception usually lasts until the end of the calendar year. This is true as long as your doctor continues to prescribe the drug for you, and that drug continues to be safe and effective for treating your condition.
* If we say **No**to your request for an exception, you can ask for a review of our decision by making an Appeal. Section F5 tells you how to make an Appeal if we say **No**.

The next section tells you how to ask for a coverage decision, including an exception.

F4. How to ask for a coverage decision about a Part D drug or reimbursement for a Part D drug, including an exception

| At a glance*:* How to ask for a coverage decision about a drug or payment  Call, write, or fax us to ask, or ask your representative or doctor or other prescriber to ask. We will give you an answer on a standard coverage decision within 72 hours. We will give you an answer on reimbursing you for a Part D drug you already paid for in 14 calendar days.   * If you are asking for an exception, include the supporting statement from your doctor or other prescriber. * You or your doctor or other prescriber may ask for a fast decision. (Fast decisions usually come within 24 hours.) * Read this section to make sure you qualify for a fast decision! Read it also to find information about decision deadlines. |
| --- |

### What to do

* Ask for the type of coverage decision you want. Call, write, or fax us to make your request. You, your representative, or your doctor (or other prescriber) can do this. You can call us at <phone number>. Include your name, contact information, and information about the claim.
* You or your doctor (or other prescriber) or someone else who is acting on your behalf can ask for a coverage decision. You can also have a lawyer act on your behalf.
* Read Section D to find out how to give permission to someone else to act as your representative.
* You do not need to give your doctor or other prescriber written permission to ask us for a coverage decision on your behalf.
* If you want to ask us to pay you back for a drug, read Chapter 7 [plans may insert reference, as applicable] of this handbook. Chapter 7 describes the times when you may need to ask for reimbursement. It also tells you how to send us the paperwork asking us to pay you back for our share of the cost of a drug that you have paid for.
* If you are asking for an exception, provide the “supporting statement.” Your doctor or other prescriber must give us the medical reasons for the drug exception. We call this the “supporting statement.”
* Your doctor or other prescriber can fax or mail the statement to us. Your doctor or other prescriber can also tell us on the phone, and then fax or mail a statement.

### If your health requires it, ask us to give you a “fast coverage decision”

We will use the “standard deadlines” unless we have agreed to use the “fast deadlines.”

* A **standard coverage decision** means we will give you an answer within 72 hours after we get your doctor’s statement.
* A **fast coverage decision** means we will give you an answer within 24 hours after we get your doctor’s statement.

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| **The legal term** for “fast coverage decision” is **“expedited coverage determination.”** |

You can get a fast coverage decision **only if you are asking for a drug you have not yet received.** (You cannot get a fast coverage decision if you are asking us to pay you back for a drug you have already bought.)

You can get a fast coverage decision **only if using the standard deadlines could cause serious harm to your health or hurt your ability to function***.*

If your doctor or other prescriber tells us that your health requires a “fast coverage decision,” we will automatically agree to give you a fast coverage decision, and the letter will tell you that.

* If you ask for a fast coverage decision on your own (without your doctor’s or other prescriber’s support), we will decide whether you get a fast coverage decision.
* If we decide that your medical condition does not meet the requirements for a fast coverage decision, we will use the standard deadlines instead.
* We will send you a letter telling you that. The letter will tell you how to make a complaint about our decision to give you a standard decision.
* You can file a “fast complaint” and get a response to your complaint within 24 hours. For more information about the process for making complaints, including fast complaints, refer to Section J.

### Deadlines for a “fast coverage decision”

* If we are using the fast deadlines, we must give you our answer within 24 hours after we get your request. Or, if you are asking for an exception, this means within 24 hours after we get your doctor’s or prescriber’s statement supporting your request. We will give you our answer sooner if your health requires it.
* If we do not meet this deadline, we will send your request on to Level 2 of the appeals process. At Level 2, an Independent Review Entity will review your request.
* **If our answer is Yes** to part or all of what you asked for, we must give you the coverage within 24 hours after we get your request or your doctor’s or prescriber’s statement supporting your request.
* **If our answer is No** to part or all of what you asked for, we will send you a letter that explains why we said **No**. The letter will also explain how you can appeal our decision.

### Deadlines for a “standard coverage decision” about a drug you have not yet received

* If we are using the standard deadlines, we must give you our answer within 72 hours after we get your request. Or, if you are asking for an exception, this means within 72 hours after we get your doctor’s or prescriber’s supporting statement. We will give you our answer sooner if your health requires it.
* If we do not meet this deadline, we will send your request to Level 2 of the appeals process. At Level 2, an Independent Review Entity will review your request.
* **If our answer is Yes** to part or all of what you asked for, we must approve or give the coverage within 72 hours after we get your request or, if you are asking for an exception, your doctor’s or prescriber’s supporting statement.
* **If our answer is No** to part or all of what you asked for, we will send you a letter that explains why we said **No**. The letter will also explain how you can appeal our decision.

### Deadlines for a “standard coverage decision” about payment for a drug you already bought

* We must give you our answer within 14 calendar days after we get your request.
* If we do not meet this deadline, we will send your request on to Level 2 of the appeals process. At level 2, an Independent Review Entity will review your request.
* **If our answer is Yes** to part or all of what you asked for, we will make payment to you within 14 calendar days.
* **If our answer is No** to part or all of what you asked for, we will send you a letter that explains why we said **No**. The letter will also explain how you can appeal our decision.

## F5. Level 1 Appeal for Part D drugs

| At a glance*:* How to make a Level 1 Appeal  You, your doctor or prescriber, or your representative may put your request in writing and mail or fax it to us. You may also ask for an Appeal by calling us at <phone number>.   * Ask **within 65 calendar days** of the decision you are appealing. If you miss the deadline for a good reason, you may still appeal. * You, your doctor or prescriber, or your representative can call us to ask for a fast Appeal. * Read this section to make sure you qualify for a fast decision! Read it also to find information about decision deadlines. |
| --- |

* To start your Appeal, you, your doctor or other prescriber, or your representative must contact us. Include your name, contact information, and information regarding your claim.
* If you are asking for a standard Appeal, you can make your Appeal by sending a request in writing. You may also ask for an Appeal by calling us at <phone number>.
* If you want a fast Appeal, you may make your Appeal in writing or you may call us.
* Make your Appeal request **within 65 calendar days** from the date on the notice that we sent to you with our decision. If you miss this deadline and have a good reason for missing it, we may give you more time to make your Appeal. Examples of a good reason include: you had a serious illness; or we gave you the wrong information about the deadline for requesting an Appeal.
* You have the right to ask us for a copy of the information about your Appeal. To ask for a copy, call Member Services at <phone number>.

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| **The legal term** for an Appeal to the plan about a Part D drug coverage decision is plan **“redetermination.”** |

If you wish, you and your doctor or other prescriber may give us additional information to support your Appeal.

### If your health requires it, ask for a “fast Appeal”

* If you are appealing a decision our plan made about a drug you have not yet received, you and your doctor or other prescriber will need to decide if you need a “fast Appeal.”
* The requirements for getting a “fast Appeal” are the same as those for getting a “fast coverage decision” in Section F4.

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| **The legal term** for “fast Appeal” is **“expedited redetermination.”** |

### Our plan will review your Appeal and give you our decision

* We take another careful look at all of the information about your coverage request. We check to find out if we were following all the rules when we said **No**to your request. We may contact you or your doctor or other prescriber to get more information. The reviewer will be someone who did not make the original coverage decision.

### Deadlines for a “fast Appeal”

* If we are using the fast deadlines, we will give you our answer within 72 hours after we get your Appeal, or sooner if your health requires it.
* If we do not give you an answer within 72 hours, we will send your request on to Level 2 of the Appeals process. At Level 2, an Independent Review Entity will review your appeal.
* **If our answer is Yes** to part or all of what you asked for, we must give the coverage within 72 hours after we get your Appeal.
* **If our answer is No** to part or all of what you asked for, we will send you a letter that explains why we said **No**.

### Deadlines for a “standard Appeal”

* If we are using the standard deadlines, we must give you our answer within 7 calendar days after we get your Appeal, or sooner if your health requires it, except if you are asking us to pay you back for a drug you already bought. If you are asking us to pay you back for a drug you already bought, we must give you our answer within 14 calendar days after we get your appeal. If you think your health requires it, you should ask for a “fast Appeal.”
* If we do not give you a decision within 7 calendar days, or 14 calendar days if you asked us to pay you back for a drug you already bought, we will send your request on to Level 2 of the Appeals process. At Level 2, an Independent Review Entity will review your appeal.
* **If our answer is Yes** to part or all of what you asked for:
* If we approve a request for coverage, we must give you the coverage as quickly as your health requires, but no later than 7 calendar days after we get your Appeal or 14 calendar days if you asked us to pay you back for a drug you already bought.
* If we approve a request to pay you back for a drug you already bought, we will send payment to you within 30 calendar days after we get your Appeal request.
* **If our answer is No** to part or all of what you asked for, we will send you a letter that explains why we said **No**and tells you how to appeal our decision.

## F6. Level 2 Appeal for Part D drugs

| At a glance*:* How to make a Level 2 Appeal  If you want the Independent Review Organization (IRE) to review your case, your Appeal request must be in writing.   * Ask **within 60 calendar days** of the decision you are appealing. If you miss the deadline for a good reason, you may still appeal. * You, your doctor or other prescriber, or your representative can request the Level 2 Appeal. * Read this chapter to make sure you qualify for a fast decision! Read it also to find information about decision deadlines. |
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If we say **No**to part or all of your Appeal, you can choose whether to accept this decision or make another Appeal. If you decide to go on to a Level 2 Appeal, the Independent Review Entity (IRE) will review our decision.

* If you want the IRE to review your case, your Appeal request must be in writing. The letter we send about our decision in the Level 1 Appeal will explain how to request the Level 2 Appeal.
* When you make an Appeal to the IRE, we will send them your case file. You have the right to ask us for a copy of your case file by calling Member Services at <phone number>.
* You have a right to give the IRE other information to support your Appeal.
* The IRE is an independent organization that is hired by Medicare. It is not connected with this plan and it is not a government agency.
* Reviewers at the IRE will take a careful look at all of the information related to your Appeal. The organization will send you a letter explaining its decision.

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| **The legal term** for an appeal to the IRE about a Part D drug is **“reconsideration.”** |

### Deadlines for “fast Appeal” at Level 2

* If your health requires it, ask the Independent Review Entity (IRE) for a “fast Appeal.”
* If the IRE agrees to give you a fast Appeal, it must answer your Level 2 Appeal within 72 hours after getting your Appeal request.
* If the IRE says **Yes** to part or all of what you asked for, we must approve or give you the drug coverage within 24 hours after we get the decision.

### Deadlines for “standard Appeal” at Level 2

* If you have a standard Appeal at Level 2, the Independent Review Entity (IRE) must answer your Level 2 Appeal within 7 calendar days after it gets your Appeal, or 14 calendar days if you asked us to pay you back for a drug you already bought.
* If the IRE says **Yes** to part or all of what you asked for, we must approve or give you the drug coverage within 72 hours after we get the decision.
* If the IRE approves a request to pay you back for a drug you already bought, we will send payment to you within 30 calendar days after we get the decision.

### What if the Independent Review Entity says No to your Level 2 Appeal?

**No** means the Independent Review Entity (IRE) agrees with our decision not to approve your request. This is called “upholding the decision.” It is also called “turning down your Appeal.”

If you want to go to Level 3 of the Appeals process, the drugs you are requesting must meet a minimum dollar value. If the dollar value is less than the minimum, you cannot appeal any further. If the dollar value is high enough, you can ask for a Level 3 Appeal. The letter you get from the IRE will tell you the dollar value needed to continue with the Appeal process.

# Asking us to cover a longer hospital stay

When you are admitted to a hospital, you have the right to get all hospital services that we cover that are necessary to diagnose and treat your illness or injury.

During your covered hospital stay, your doctor, your Care Coordinator, and the hospital staff will work with you to prepare for the day when you leave the hospital. They will also help arrange for any care you may need after you leave.

* The day you leave the hospital is called your “discharge date.”
* Your doctor or the hospital staff will tell you what your discharge date is.

If you think you are being asked to leave the hospital too soon, you can ask for a longer hospital stay. This section tells you how to ask.

## G1. Your Medicare rights if you are admitted to the hospital

Within two days after you are admitted to the hospital, a caseworker or nurse will give you a notice called “An Important Message from Medicare about Your Rights.” If you do not get this notice, ask any hospital employee for it. If you need help, please call Member Services at <phone number>. You can also call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users (people who have difficulty hearing or speaking) should call 1-877-486-2048.

Read this notice carefully and ask questions if you don’t understand. The “Important Message” tells you about your rights as a hospital patient, including your rights to:

* Get Medicare-covered services during and after your hospital stay. You have the right to know what these services are, who will pay for them, and where you can get them.
* Be a part of any decisions about the length of your hospital stay.
* Know where to report any concerns you have about the quality of your hospital care.
* Appeal if you think you are being discharged from the hospital too soon.

You should sign the Medicare notice to show that you got it and understand your rights. Signing the notice does not mean you agree to the discharge date that may have been told to you by your doctor or hospital staff.

Keep your copy of the signed notice so you will have the information if you need it.

* To look at a copy of this notice in advance, you can call Member Services at <phone number>. You can also call 1-800 MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users (people who have difficulty hearing or speaking) should call 1-877-486-2048. The call is free.
* You can also refer to the notice online at [www.cms.gov/Medicare/Medicare-General-Information/BNI/HospitalDischargeAppealNotices](http://www.cms.gov/Medicare/Medicare-General-Information/BNI/HospitalDischargeAppealNotices).
* If you need help, please call Member Services or Medicare at the numbers listed above.

## G2. Level 1 Appeal to change your hospital discharge date

If you want us to cover your inpatient hospital services for a longer time, you must request an Appeal. A Quality Improvement Organization will do the Level 1 Appeal review to find out if your planned discharge date is medically appropriate for you. In Massachusetts, the Quality Improvement Organization is called <state-specific Quality Improvement Organization name>.

To make an Appeal to change your discharge date call <state-specific Quality Improvement Organization name> at: <toll-free number>.

### Call right away!

Call the Quality Improvement Organization **before** you leave the hospital and no later than your planned discharge date. “An Important Message from Medicare about Your Rights” contains information on how to reach the Quality Improvement Organization.

| At a glance*:* How to make a Level 1 Appeal to change your discharge date  Call the Quality Improvement Organization for your state at <phone number> and ask for a fast review.  Call before you leave the hospital and before your planned discharge date. |
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* **If you call before you leave**, you are allowed to stay in the hospital after your planned discharge date without paying for it while you wait to get the decision on your Appeal from the Quality Improvement Organization.
* **If you do not call to appeal**, and you decide to stay in the hospital after your planned discharge date, you may have to pay all of the costs for hospital care you get after your planned discharge date.

We want to make sure you understand what you need to do and what the deadlines are.

* **Ask for help if you need it**. If you have questions or need help at any time, please call Member Services at <phone number>. You can also call the State Health Insurance Assistance Program (SHIP), which is called SHINE in Massachusetts. The SHINE phone number is 1-800-243-4636. TTY (for people who are deaf, hard of hearing, or speech disabled): 1-800-439-2370 (Massachusetts only). Or, you can get help from My Ombudsman by calling 1-855-781-9898 (or using MassRelay at 711 to call 1-855-781-9898 or Videophone (VP) 339-224-6831) or emailing [info@myombudsman.org](mailto:info@myombudsman.org).

### What is a Quality Improvement Organization?

It is a group of doctors and other health care professionals who are paid by the federal government. These experts are not part of our plan. They are paid by Medicare to check on and help improve the quality of care for people with Medicare.

### Ask for a “fast review”

You must ask the Quality Improvement Organization for a “fast review”of your discharge. Asking for a “fast review” means you are asking the organization to use the fast deadlines for an appeal instead of using the standard deadlines.

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| **The legal term** for “fast review” is **“immediate review.”** |

### What happens during the fast review?

* The reviewers at the Quality Improvement Organization will ask you or your representative why you think coverage should continue after the planned discharge date. You don’t have to prepare anything in writing, but you may do so if you wish.
* The reviewers will look at your medical record, talk with your doctor, and review all of the information related to your hospital stay.
* By noon of the day after the reviewers tell us about your Appeal, you will get a letter that gives your planned discharge date. The letter explains the reasons why your doctor, the hospital, and we think it is right for you to be discharged on that date.

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| **The legal term** for this written explanation is called the “**Detailed Notice of Discharge**.” You can get a sample by calling Member Services at <toll-free number>. You can also call 1‑800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048. Or you can refer to a sample notice online at [www.cms.gov/Medicare/Medicare-General-Information/BNI/HospitalDischargeAppealNotices](http://www.cms.gov/Medicare/Medicare-General-Information/BNI/HospitalDischargeAppealNotices). |

### What if the answer is Yes?

* If the Quality Improvement Organization says **Yes** to your Appeal, we must keep covering your hospital services for as long as they are medically necessary.

### What if the answer is No?

* If the Quality Improvement Organization says **No** to your Appeal, they are saying that your planned discharge date is medically appropriate. If this happens, our coverage for your inpatient hospital services will end at noon on the day after the Quality Improvement Organization gives you its answer.
* If the Quality Improvement Organization says **No** and you decide to stay in the hospital, then you may have to pay for your continued stay at the hospital. The cost of the hospital care that you may have to pay begins at noon on the day after the Quality Improvement Organization gives you its answer.
* If the Quality Improvement Organization turns down your Appeal and you stay in the hospital after your planned discharge date, then you can make a Level 2 Appeal.

## G3. Level 2 Appeal to change your hospital discharge date

If the Quality Improvement Organization has turned down your appeal, and you stay in the hospital after your planned discharge date, then you can make a Level 2 Appeal. You will need to contact the Quality Improvement Organization again and ask for another review.

Ask for the Level 2 review **within 60 calendar days** after the day when the Quality Improvement Organization said **No** to your Level 1 Appeal. You can ask for this review only if you stayed in the hospital after the date that your coverage for the care ended.

In Massachusetts, the Quality Improvement Organization is called <state-specific Quality Improvement Organization name>. You can reach <state-specific Quality Improvement Organization name> at: <**toll-free number>**.

| At a glance*:* How to make a Level 2 Appeal to change your discharge date  Call the Quality Improvement Organization for your state at <phone number> and ask for another review. |
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* Reviewers at the Quality Improvement Organization will take another careful look at all of the information related to your Appeal.
* Within 14 calendar days of receipt of your request for a second review, the Quality Improvement Organization reviewers will make a decision.

### What happens if the answer is Yes?

* We must pay you back for our share of the costs of hospital care you got since noon on the day after the date of your first Appeal decision. We must continue providing coverage for your inpatient hospital care for as long as it is medically necessary.
* You must continue to pay your share of the costs and coverage limitations may apply.

### What happens if the answer is No?

It means the Quality Improvement Organization agrees with the Level 1 decision and will not change it. The letter you get will tell you what you can do if you wish to continue with the appeal process.

If the Quality Improvement Organization turns down your Level 2 Appeal, you may have to pay the full cost for your stay after your planned discharge date.

# What to do if you think your home health care, skilled nursing care, or Comprehensive Outpatient Rehabilitation Facility (CORF) services are ending too soon

This section is about the following types of care only:

* Home health care services.
* Skilled nursing care in a skilled nursing facility.
* Rehabilitation care you are getting as an outpatient at a Medicare-approved Comprehensive Outpatient Rehabilitation Facility (CORF). Usually, this means you are getting treatment for an illness or accident, or you are recovering from a major operation.
* With any of these three types of care, you have the right to keep getting covered services for as long as the doctor says you need it.
* When we decide to stop covering any of these, we must tell you before your services end. When your coverage for that care ends, we will stop paying for your care.

If you think we are ending the coverage of your care too soon, **you can appeal our decision**. This section tells you how to ask for an Appeal.

## H1. We will tell you in advance when your coverage will be ending

You will get a notice at least two days before we stop paying for your care. This is called the “Notice of Medicare Non-Coverage.” The written notice tells you the date we will stop covering your care and how to appeal this decision.

You or your representative should sign the written notice to show that you got it. Signing it does **not** mean you agree with the plan that it is time for you to stop getting the care.

When your coverage ends, we will stop paying.

## H2. Level 1 Appeal to continue your care

If you think we are ending coverage of your care too soon, you can appeal our decision. This section tells you how to ask for an Appeal.

Before you start your Appeal, understand what you need to do and what the deadlines are.

* **Meet the deadlines.** The deadlines are important. Be sure that you understand and follow the deadlines that apply to things you must do. There are also deadlines our plan must follow. (If you think we are not meeting our deadlines, you can file a complaint. Section J tells you how to file a complaint.)
* **Ask for help if you need it.** If you have questions or need help at any time, please contact:
* Member Services at <phone number>
* The State Health Insurance Assistance Program (SHIP), which is called SHINE in Massachusetts. The SHINE phone number is 1-800-243-4636. TTY (for people who are deaf, hard of hearing, or speech disabled): 1-800-439-2370 (Massachusetts only), **or**
* My Ombudsman by calling 1-855-781-9898 (or using MassRelay at 711 to call 1‑855-781-9898 or Videophone (VP) 339-224-6831) or emailing [info@myombudsman.org](mailto:info@myombudsman.org).

| At a glance: How to make a Level 1 Appeal to ask the plan to continue your care  Call the Quality Improvement Organization for your state at <phone number> and ask for a “fast-track appeal.”  Call before you leave the agency or facility that is providing your care and before your planned discharge date. |
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During a Level 1 Appeal, a Quality Improvement Organization will review your Appeal and decide whether to change the decision we made. In Massachusetts, the Quality Improvement Organization is called <state-specific Quality Improvement Organization name>. You can reach <state-specific Quality Improvement Organization name> at: <phone number>.Information about appealing to the Quality Improvement Organization is also in the “Notice of Medicare Non-Coverage.” This is the notice you got when you were told we would stop covering your care.

### What is a Quality Improvement Organization?

It is a group of doctors and other health care professionals who are paid by the federal government. These experts are not part of our plan. They are paid by Medicare to check on and help improve the quality of care for people with Medicare.

### What should you ask for?

Ask them for a “fast-track appeal.” This is an independent review of whether it is medically appropriate for us to end coverage for your services.

### What is your deadline for contacting this organization?

* You must contact the Quality Improvement Organization no later than noon of the day after you got the written notice telling you when we will stop covering your care.

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| **The legal term** for the written notice is **“Notice of Medicare Non-Coverage.”** To get a sample copy, call Member Services at <phone number> or 1-800-MEDICARE  (1-800-633-4227), 24 hours a day, 7 days a week. (TTY users—people who have difficulty hearing or speaking—should call 1-877-486-2048.) Or you can refer to a sample notice online at [www.cms.gov/Medicare/Medicare-General-Information/BNI](http://www.cms.gov/Medicare/Medicare-General-Information/BNI). |

### What happens during the Quality Improvement Organization’s review?

* The reviewers at the Quality Improvement Organization will ask you or your representative why you think coverage for the services should continue. You don’t have to prepare anything in writing, but you may do so if you wish.
* When you ask for an Appeal, the plan must write a letter to you and the Quality Improvement Organization explaining why your services should end.
* The reviewers will also look at your medical records, talk with your doctor, and review information that our plan has given to them.
* **Within one full day after the reviewers have all the information they need, they will tell you their decision.** You will get a letter explaining the decision.

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| **The legal term** for the letter explaining why your services should end is **“Detailed Explanation of Non-Coverage.”** |

### What happens if the reviewers say Yes?

* If the reviewers say **Yes** to your Appeal, then we must keep providing your covered services for as long as they are medically necessary.

### What happens if the reviewers say No?

* If the reviewers say **No** to your Appeal, then your coverage will end on the date we told you. We will stop paying our share of the costs of this care.
* If you decide to keep getting the home health care, skilled nursing facility care, or Comprehensive Outpatient Rehabilitation Facility (CORF) services after the date your coverage ends, then you may have to pay the full cost of this care yourself.

## H3. Level 2 Appeal to continue your care

If the Quality Improvement Organization said **No**to the Appeal **and** you choose to continue getting care after your coverage for the care has ended, you can make a Level 2 Appeal.

During the Level 2 Appeal, the Quality Improvement Organization will take another look at the decision they made at Level 1. If they say they agree with the Level 1 decision, you may have to pay the full cost for your home health care, skilled nursing facility care, or Comprehensive Outpatient Rehabilitation Facility (CORF) services after the date when we said your coverage would end.

| At a glance*:* How to make a Level 2 Appeal to require that the plan cover your care for longer  Call the Quality Improvement Organization for your state at <phone number> and ask for another review.  Make the call before you leave the agency or facility that is providing your care and before your planned discharge date. |
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In Massachusetts, the Quality Improvement Organization is called <state-specific Quality Improvement Organization name>. You can reach <state-specific Quality Improvement Organization name> at: <phone number>. Ask for the Level 2 review **within 60 calendar days** after the day when the Quality Improvement Organization said **No** to your Level 1 Appeal. You can ask for this review only if you continued getting care after the date that your coverage for the care ended.

* Reviewers at the Quality Improvement Organization will take another careful look at all of the information related to your Appeal.
* The Quality Improvement Organization will make its decision within 14 days of receipt of your appeal request.

### What happens if the review organization says Yes?

* We must pay you backfor our share of the costs of care you got since the date when we said your coverage would end. We must continue providing coveragefor the care for as long as it is medically necessary.

### What happens if the review organization says No?

* It means they agree with the decision they made on the Level 1 Appeal and will not change it.
* The letter you get will tell you what to do if you wish to continue with the review process. It will give you the details about how to go on to the next level of appeal, which is handled by a judge.

# Taking your Appeal beyond Level 2

## I1. Next steps for Medicare services and items

If you made a Level 1 Appeal and a Level 2 Appeal for Medicare services or items, and both your appeals have been turned down, you may have the right to additional levels of Appeal. The letter you get from the Independent Review Entity will tell you what to do if you wish to continue the appeals process.

Level 3 of the appeals process is an Administrative Law Judge (ALJ) hearing. The person who makes the decision in a Level 3 appeal is an ALJ or an attorney adjudicator. If you want an ALJ or attorney adjudicator to review your case, the item or medical service you are requesting must meet a minimum dollar amount. If the dollar value is less than the minimum level, you cannot appeal any further. If the dollar value is high enough, you can ask the ALJ or attorney adjudicator to hear your appeal.

If you do not agree with the ALJ or attorney adjudicator’s decision, you can use the Medicare Appeals Council. After that, you may have the right to ask a federal court to look at your Appeal.

If you need assistance at any stage of the appeals process, you can contact My Ombudsman at 1‑855-781-9898 (interpreters are available for non-English speakers). People who are deaf, hard of hearing, or speech disabled should use MassRelay at 711 to call 1-855-781-9898 or Videophone (VP) 339-224-6831. You can also email My Ombudsman at [info@myombudsman.org](mailto:info@myombudsman.org).

## I2. Next steps for MassHealth services and items

You also have more Appeal rights if you made a Level 1 Appeal and a Level 2 Appeal for MassHealth services and items, and both your Appeals have been turned down. You can ask for a review of your Appeal by a judge.

If you need assistance at any stage of the appeals process, you can contact My Ombudsman at 1‑855-781-9898 (interpreters are available for non-English speakers). People who are deaf, hard of hearing, or speech disabled should use MassRelay at 711 to call 1-855-781-9898 or Videophone (VP) 339-224-6831. You can also email My Ombudsman at [info@myombudsman.org](mailto:info@myombudsman.org).

# How to make a complaint

## J1. What kinds of problems should be complaints

The complaint process is used for certain types of problems, such as problemsrelated to quality of care, waiting times, and customer service. Here are examples of the kinds of problems handled by the complaint process.

| At a glance*:* How to make a complaint  You can make an internal complaint with our plan and/or an external complaint with an organization that is not connected to our plan.  To make an internal complaint, call Member Services or send us a letter.  There are different organizations that handle external complaints. For more information, read Section J3. |
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### Complaints about quality

* You are unhappy with the quality of care, such as the care you got in the hospital.

### Complaints about privacy

* You think that someone did not respect your right to privacy, or shared information about you that is confidential.

### Complaints about poor customer service

* A health care provider or staff was rude or disrespectful to you.
* <Plan name> staff treated you poorly.
* You think you are being pushed out of the plan.

### Complaints about accessibility

* The health care services and facilities in a doctor or provider’s office are not accessible to you.
* Your provider does not give you a reasonable accommodation you need such as an American Sign Language interpreter.

### Complaints about mental health parity

* Mental health services are not available in the same way that physical health services are available. For more information, please refer to Section J4.

### Complaints about waiting times

* You are having trouble getting an appointment, or waiting too long to get it.
* You have been kept waiting too long by doctors, pharmacists, or other health professionals or by Member Services or other plan staff.

### Complaints about cleanliness

* You think the clinic, hospital, or provider’s office is not clean.

### Complaints about language access

* Your doctor or provider does not provide you with an interpreter during your appointment.

### Complaints about communications from us

* You think we failed to give you a notice or letter that you should have received.
* You think the written information we sent you is too difficult to understand.
* You have requested communications in an alternative format (such as Large Print, Braille, recording, etc.) and we do not honor your request.

### Complaints about the timeliness of our actions related to coverage decisions or appeals

* You believe that we are not meeting our deadlines for making a coverage decision or answering your Appeal.
* You believe that, after getting a coverage or Appeal decision in your favor, we are not meeting the deadlines for approving or giving you the service or paying you back for certain medical services.
* You believe we did not forward your case to the Independent Review Entity on time.

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| **The legal term** for a “complaint” is a **“grievance.”**  **The legal term** for “making a complaint” is **“filing a grievance.”** |

### Are there different types of complaints?

**Yes**. You can make an internal complaint and/or an external complaint. An internal complaint is filed with and reviewed by our plan. An external complaint is filed with and reviewed by an organization that is not affiliated with our plan. **If you need help making an internal and/or external complaint, you can call My Ombudsman at 1-855-781-9898 (or use MassRelay at 711 to call   
1-855-781-9898 or Videophone (VP) 339-224-6831).**

## J2. Internal complaints

To make an internal complaint, call Member Services at <phone number>. You can make the complaint at any time unless it is about a Part D drug. If the complaint is about a Part D drug, you must make it **within 60 calendar days** after you had the problem you want to complain about.

* If there is anything else you need to do, Member Services will tell you.
* You can also make your complaint in writing and send it to us.If you put your complaint in writing, we will respond to your complaint in writing.
* [Insert additional description of the procedures (including time frames) and instructions about what members need to do if they want to use the process for making a complaint, including a fast complaint.]

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| **The legal term** for “fast complaint” is **“expedited grievance.”** |

If possible, we will answer you right away. If you call us with a complaint, we may be able to give you an answer on the same phone call. If your health condition requires us to answer quickly, we will do that.

* We answer most complaints within 30 calendar days. If we need more information and the delay is in your best interest, or if you ask for more time, we can take up to 14 more calendar days (44 calendar days total) to answer your complaint. We will tell you in writing why we need more time.
* If you are making a complaint because we denied your request for a “fast coverage decision” or a “fast appeal,” we will automatically give you a “fast complaint” and respond to your complaint within 24 hours.
* If you are making a complaint because we took extra time to make a coverage decision or appeal, we will automatically give you a “fast complaint” and respond to your complaint within 24 hours.

**If we do not agree** with some or all of your complaint, **we will tell you** and give you our reasons. We will respond, whether we agree with the complaint or not.

## J3. External complaints

### You can tell Medicare about your complaint

You can send your complaint to Medicare. The Medicare Complaint Form is available at: [www.medicare.gov/MedicareComplaintForm/home.aspx](http://www.medicare.gov/MedicareComplaintForm/home.aspx).

Medicare takes your complaints seriously and will use this information to help improve the quality of the Medicare program.

If you have any other feedback or concerns, or if you feel the plan is not addressing your problem, please call 1-800-MEDICARE (1-800-633-4227). TTY users can call 1-877-486-2048. The call is free.

### You can tell MassHealth about your complaint

You may file a complaint with MassHealth. You can do this by calling the MassHealth Customer Service Center at 1-800-841-2900, Monday through Friday from 8:00 a.m. to 5:00 p.m. TTY users (people who are deaf, hard of hearing, or speech disabled) should call 1-800-497-4648.

### You can file a complaint with the Office for Civil Rights

You can make a complaint to the Department of Health and Human Services’ Office for Civil Rights if you think you have not been treated fairly. For example, you can make a complaint about disability access or language assistance. The phone number for the Office for Civil Rights is 1-800-368-1019. TTY users should call 1-800-537-7697. You can also visit [www.hhs.gov/ocr](http://www.hhs.gov/ocr) for more information.

You may also contact the local Office for Civil Rights office at:

[Plans should insert contact information for the OCR regional office.]

You may also have rights under the Americans with Disability Act and under [plans may insert relevant state law.] You can contact My Ombudsman for assistance by calling 1-855-781-9898 (or using MassRelay at 711 to call 1-855-781-9898 or Videophone (VP) 339-224-6831) or emailing [info@myombudsman.org](mailto:info@myombudsman.org).

### You can file a complaint with the Quality Improvement Organization

When your complaint is about quality of care, you also have two choices.

* If you prefer, you can make your complaint about the quality of care directly to the Quality Improvement Organization (**without** making the complaint to us).
* If you make a complaint to this organization, we will work with them to resolve your complaint.

The Quality Improvement Organization is a group of practicing doctors and other health care experts paid by the federal government to check and improve the care given to Medicare patients. To learn more about the Quality Improvement Organization, refer to Chapter 2 [plans may insert reference, as applicable].

In Massachusetts, the Quality Improvement Organization is called <state-specific Quality Improvement Organization name>. The phone number for <state-specific Quality Improvement Organization name> is <phone number>.

## J4. Complaints about Mental Health Parity

Federal and state laws require that all managed care organizations, including <plan name>, provide behavioral health services to MassHealth members in the same way they provide physical health services. This is what is referred to as “parity.” In general, this means we must:

1. Provide the same level of benefits for mental health and substance use disorders you may have as for other physical problems you may have;
2. Not have stricter PA requirements and treatment limitations for mental health and substance use disorder compared to physical health services;
3. Provide you and your provider with the medical necessity criteria we used for PA upon your or your provider’s request; **and**
4. Provide you, within a reasonable timeframe, the reason for any denial of authorization for mental health or substance use disorder services.

If you think that we are not providing parity as explained above, you have the right to file an internal complaint. For more information about internal complaints and how to file them, please refer to Section J2.

You may also file a complaint with MassHealth. You can do this by calling the MassHealth Customer Service Center at 1-800-841-2900, Monday through Friday 8:00 a.m. to 5:00 p.m. TTY users (people who are deaf, hard of hearing, or speech disabled) should call 711.