



Cultural Sensitivity in Memory Care

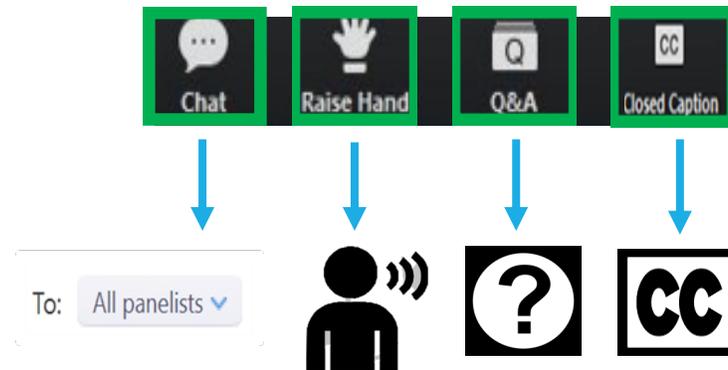
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Enjoy the session!





Disclaimer

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Presenters



Donna Fischer
State Long-Term Care
Ombudsman
Division Long-Term
Services and
Supports South
Dakota Department of
Human Services



**Marque Little
White Man**
Director of Nursing
Oglala Sioux
Lakota Nursing
Home (OSLNH)



Joseph Ray
President
Uniting Nursing
Homes in Tribal
Excellence



Kathy Schmid
Consultant
Native American
Health
Management



**Tiffany M.
Shangreau**
Facility
Administrator
OSLNH



**Amber R.
Sierra, MSW**
Social Services
Director
OSLNH

Opening in a Good Way



A Brief Overview of UNITE's Work

UNITE's mission

UNITE partners with Native Americans/Alaska Natives/Native Hawaiians to improve the quality of life of elders through the implementation of evidence-based practices and culturally relevant education and training

- 501 (c) (3) with a board of directors
- Serving tribal elders since 2014
- Membership-based



Overview of Today's Webinar

Introduction

Oglala Sioux Lakota Nursing Home

Memory Care Approach

Memory Care Experiences

Resident Advocacy & Rapport

Q & A



The image shows the exterior of the Oglala Sioux Lakota Nursing Home. A large, modern building with a curved facade and large windows is visible in the background. In the foreground, there is a paved area and a grassy area with several flagpoles. One flagpole has the American flag, and another has a red and white flag. A sign in the center of the grassy area reads "OGLALA SIOUX LAKOTA NURSING HOME" and "July 21, 2021". A large, semi-transparent white circle is overlaid on the right side of the image, containing text.

Oglala Sioux Lakota Nursing Home

NURSING
HOME

MEMORY
CARE



To provide a safe and caring environment with dignity and support for our residents and their families through the stages of Alzheimer's and other dementias

Memory Care
Unit's Mission

Memory Care: Approaching, Connecting, and Interacting

Objectives

Explain how to positively approach and engage with an elder who is living with dementia

Highlight the importance of person-centered care when assisting with activities of daily living

Review how to build trust with a person who has dementia

Approach to Care

Communication is key to building trust and ability to engage with people

3 basic reasons we talk to someone:

1. To get the person to do something
2. Just to be friendly and engaging
3. To deal with a person's distress, frustration, or anger

Five Ways We Connect

1. Visually
2. Verbally
3. Physically
4. Emotionally
5. Personally (individually, spiritually)

A Positive Approach

Go slow
Get to the side
Get low
Offer your hand
Call out the name, then wait ...
If you will try, then you will see
How different life can be.
For those you're caring for!

~ Teepa Snow





Experiences with Memory Care



Experience in OSLNH's Memory Care Unit

- 12-bed facility
 - Resident capacity
- Scheduling
- Value-based care





Importance of Nursing Care

Importance of Engaging in Social Activities



Resident Advocacy & Rapport



Advocacy in Memory Care

- National Association of Social Workers code of ethics
- Resident rights
- Culture-based advocacy



Building Rapport

- Get to know residents and their families or guardians
 - Court-appointed guardians
 - Expectation
 - Family-appointed guardians
 - Expectation
- Become acquainted with resident's care team
- Be visible



Long-Term Care Ombudsman Program

Nationwide program

Promote policies and consumer protections
to improve long-term care services

Work to resolve concerns

Covered settings

Long-term care ombudsman programs

- Identify, investigate, and resolve complaints made by or on behalf of residents
- Provide information to residents about LTSS
- Make sure residents have regular and timely access to ombudsman services
- Represent the interests of residents before governmental agencies and seek administrative, legal, and other remedies to protect residents
- Analyze, comment on, and recommend changes in laws and regulations pertaining to the health, safety, welfare, and rights of residents





Questions?



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