



An Overview of LTSS in Indian Country

AoA, IHS and CMS Webinar
January 25, 2012
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Presentation Objectives

- ❖ Shift to Long Term Services and Supports—what does it mean?
- ❖ Discuss who pays for LTSS?
- ❖ Describe the role of AoA, IHS and CMS
- ❖ Provide highlights of LTSS in Indian Country
- ❖ Learn how it really works - Tribal example – Cherokee Nation

Long Term Services & Supports

- Care and support of an elder or individual with a disability who requires on-going assistance with daily living activities.



Long Term Services & Supports



- Supports elders and their families with medical, personal and social services delivered in a variety of settings.



Long Term Services & Supports

- Designed to ensure quality of life, maximum independence and dignity.
- Important to maintain cultural values for any services.



TITLE VI – The Core of Non-Medical Long Term Services & Supports



Title VI Programs

- Congregate & Home Delivered Meals
- Family Caregiver Program
- Information and Referral

- Culturally Competent Staff
- Culturally Appropriate Services
- Advocates for Elders
- Relationships with Elders

Long Term Services & Supports



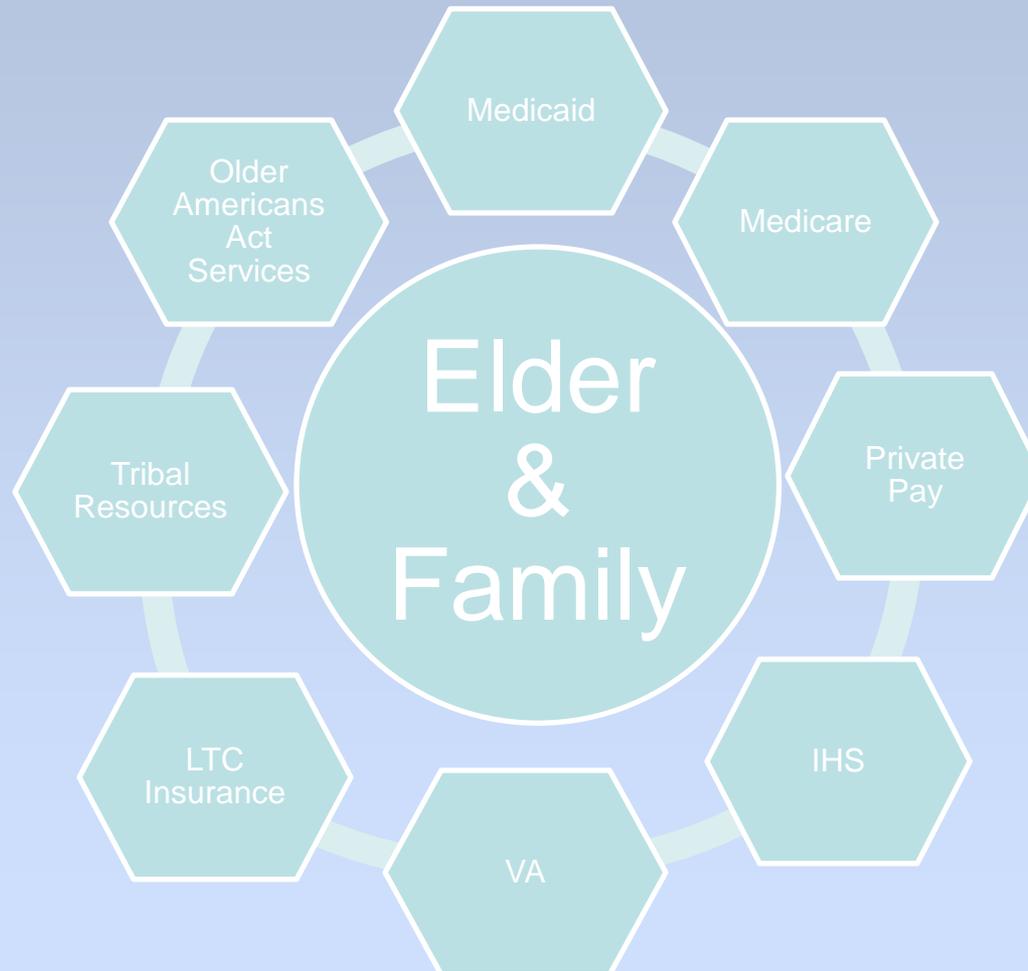
Providers:

- Tribal Services
- Private Companies
- Non-profit agencies
- Volunteers

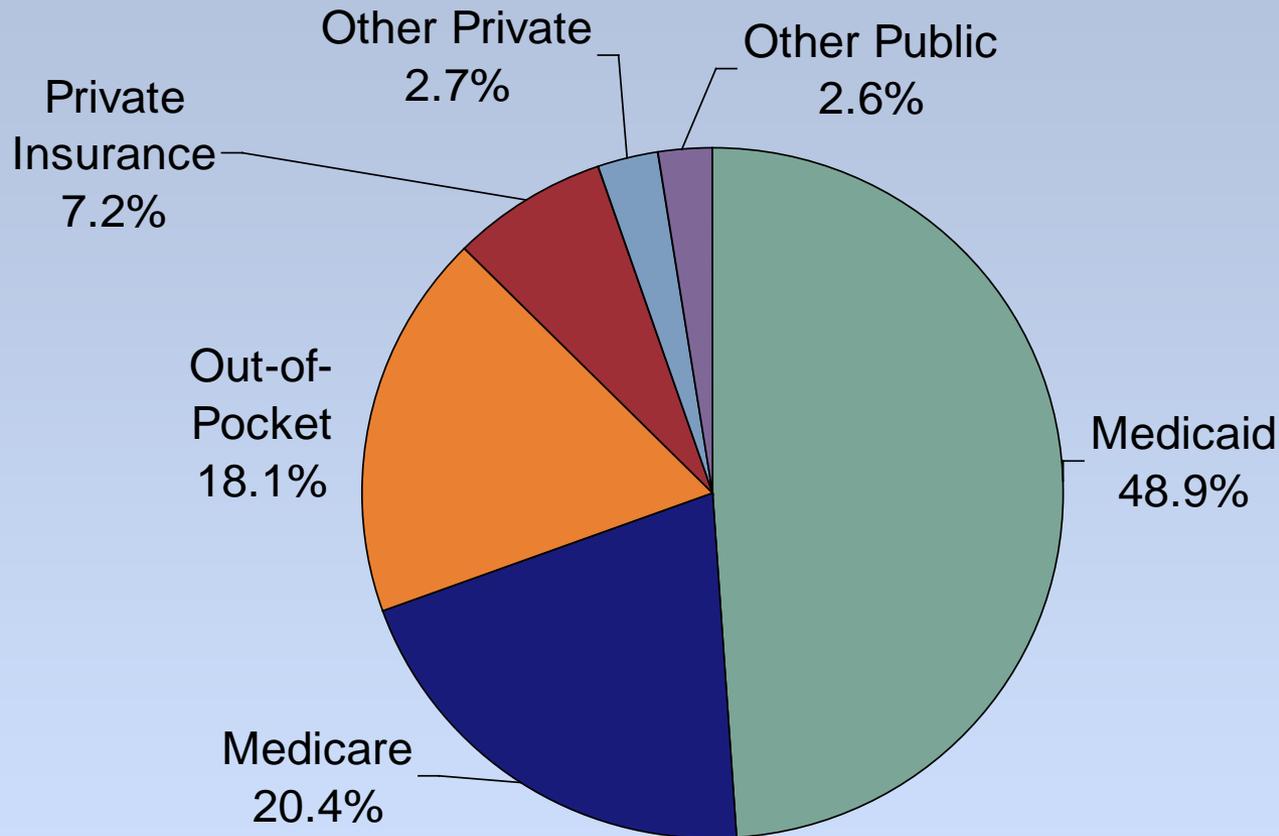
Funding:

- CMS
- IHS
- AoA
- Insurance
- Private funds

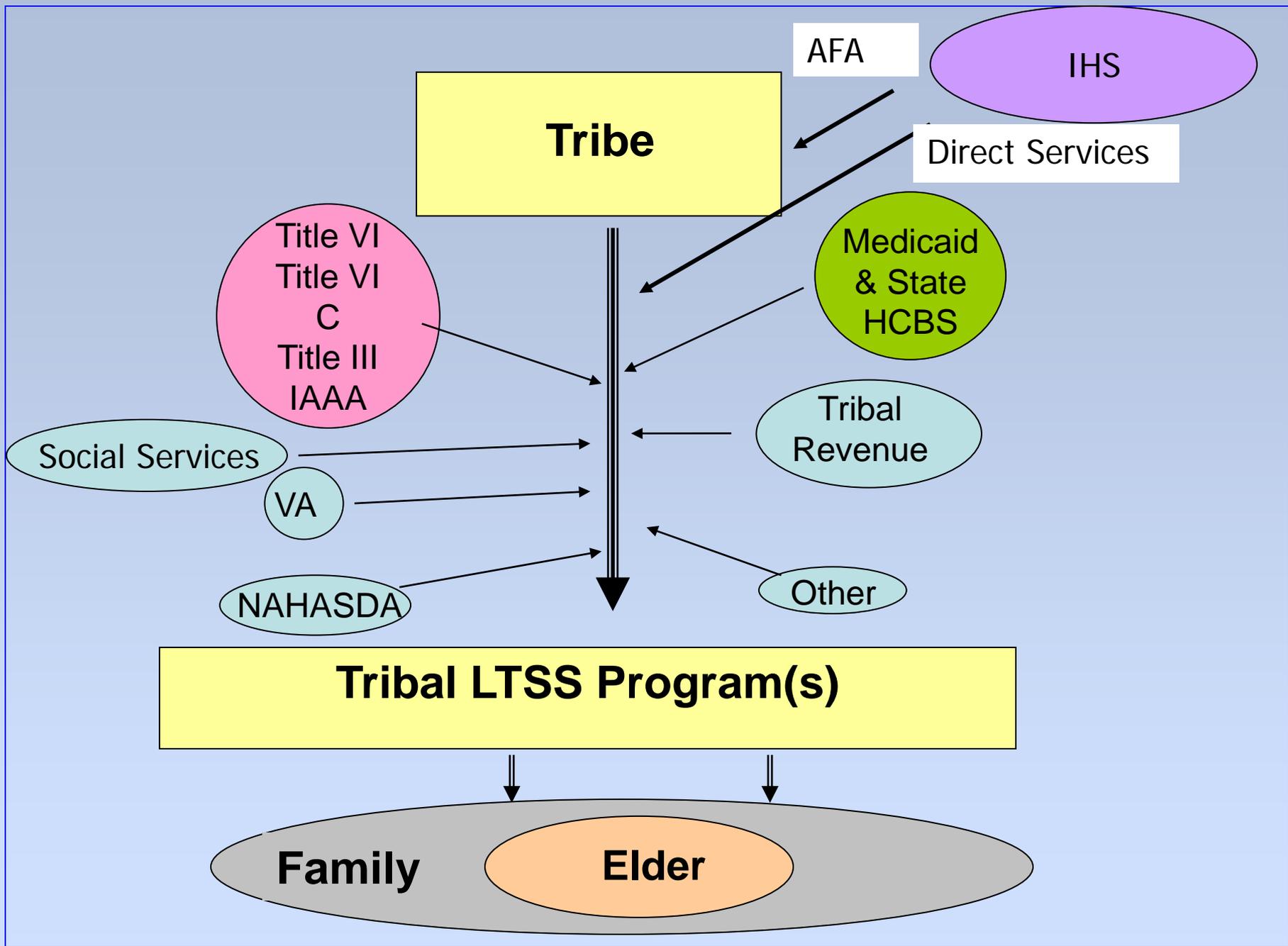
Identify services, funding, regulations



LTSS Expenditures by Payer: United States, 2005



Source: Georgetown University Long-Term Care Financing Project



Models of Elder Care Evolving in Indian Country

- Utilize existing resources to fund the core services,
- Integrate and coordinate available resources – state, federal, local - to enhance effectiveness,
- The Tribe or community is the focus of planning,
- Planning includes attention to tribal/community cultural values,
- Emphasis is on home and community-based care,
- Strongly reliant on the family.

Cherokee PACE

- Program for All-inclusive Care for the Elderly
 - Adult day health center
 - Interdisciplinary work teams



Cherokee Nation is paving the way with IHS and CMS for the development of similar services in Indian Country

White Earth Nation



Photo by Gary W. Padrta

- Tribal management of Elderly Waiver and Alternative Care programs
- Partnership with State of MN to create tribal authority to determine service eligibility, level of care & care plan
- Medicaid and other state funds

Blackfeet Tribe



Eagle Shield Senior Center
Browning, Montana

- Personal Care Program
- Began in 1996 – currently employ 32 PCAs
- Medicaid, VA and private pay
- \$1M annual income for last 4 years

Laguna Pueblo Nursing Home

- Built in 1981
- Managed by Laguna Rainbow Corp
- Currently 58 beds
- Medicaid certified



- Federal, state and private foundation funding supports programs for community dwelling elders
- Incorporates tribal culture



WHERE WE ARE TODAY

Cherokee Nation Community Based

Elder Health Service

HOME HEALTH

HOSPICE

MEDICAID WAIVER PROGRAM

PRIVATE DUTY

PACE

What have we learned???

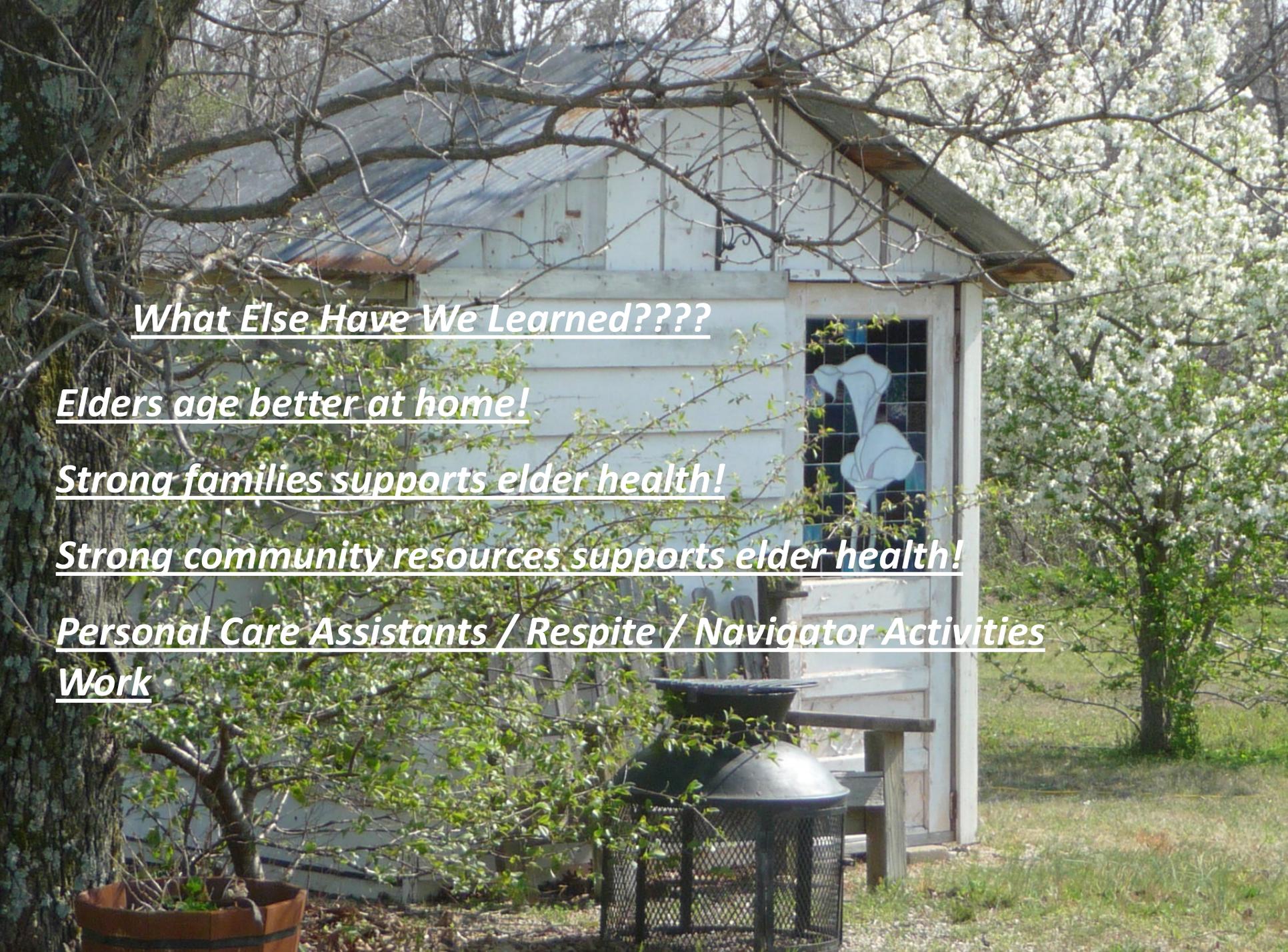


If you are going to go on a journey you need to know 3 things: where you are, where you're going and that you can get there!

What resources do you have available?

What do you want to develop?

Will your resources take you there?



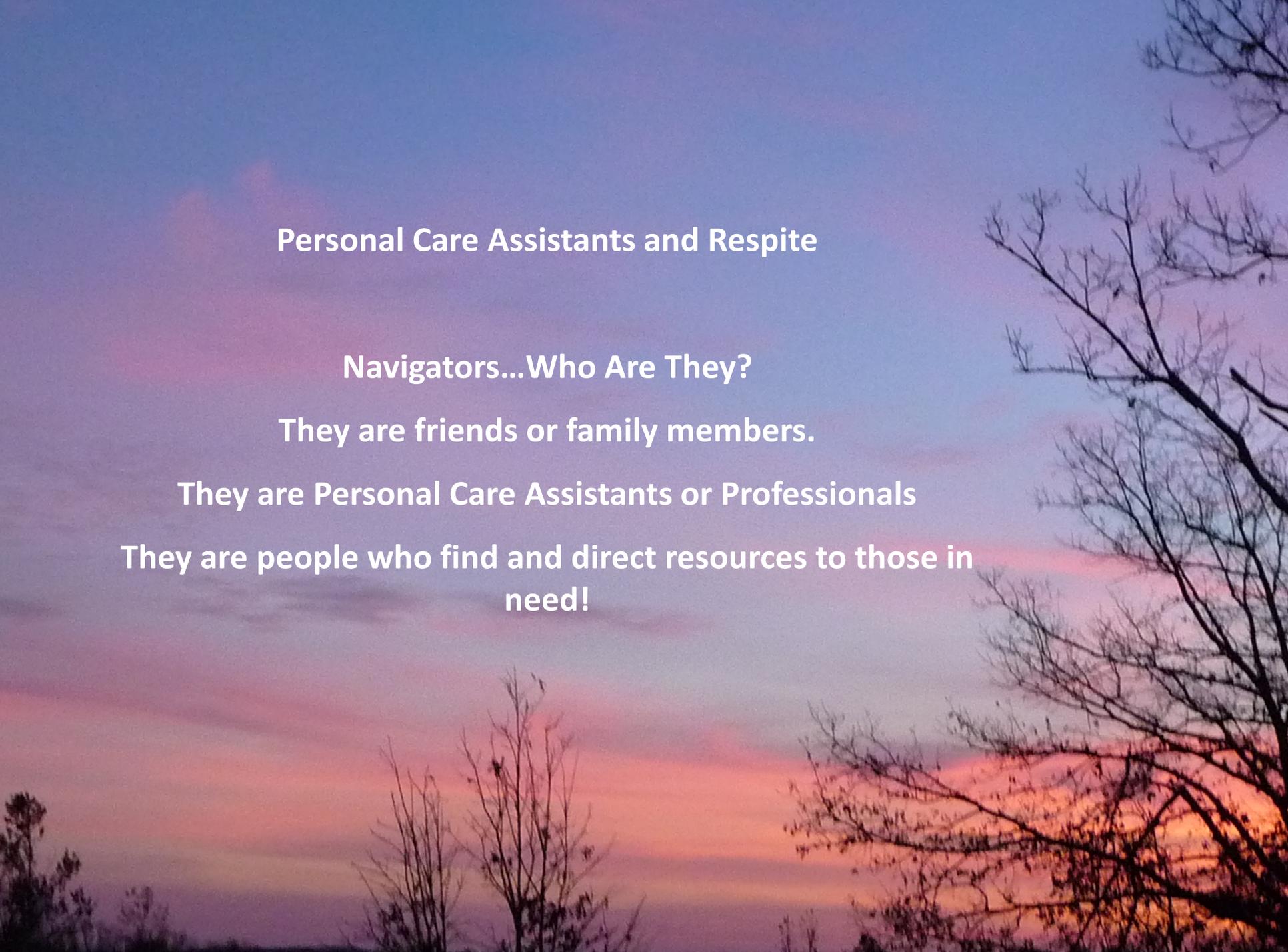
What Else Have We Learned???

Elders age better at home!

Strong families supports elder health!

Strong community resources supports elder health!

*Personal Care Assistants / Respite / Navigator Activities
Work*

The background of the slide is a photograph of a sunset or sunrise. The sky is a mix of soft pinks, oranges, and blues, with wispy clouds. In the foreground, the dark silhouettes of bare tree branches are visible against the colorful sky.

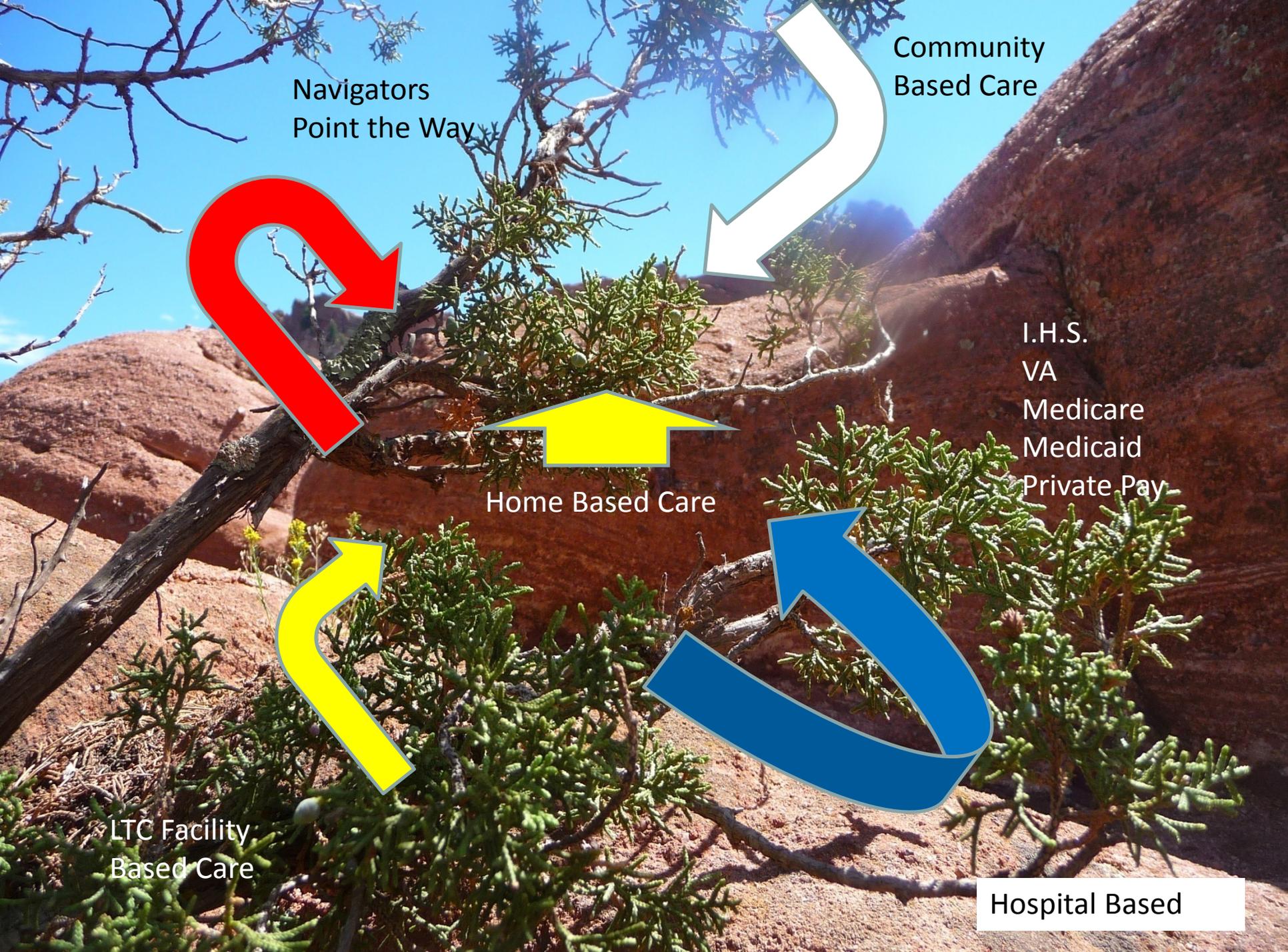
Personal Care Assistants and Respite

Navigators...Who Are They?

They are friends or family members.

They are Personal Care Assistants or Professionals

They are people who find and direct resources to those in need!



Navigators
Point the Way

Community
Based Care

I.H.S.
VA
Medicare
Medicaid
Private Pay

Home Based Care

LTC Facility
Based Care

Hospital Based

What makes a Navigator?

Caring Knowledge

Where would you start?

Learn about local resources!

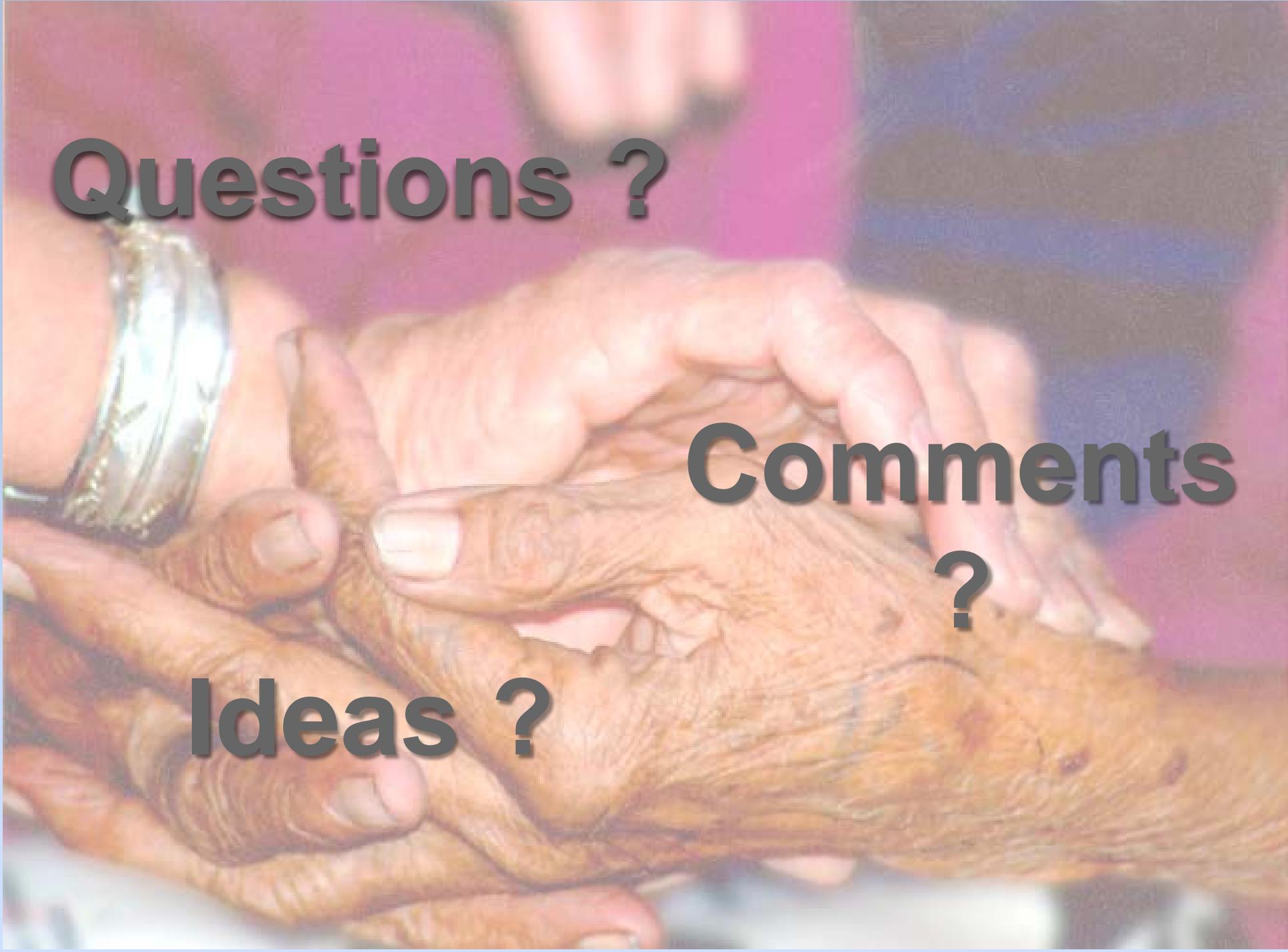
Use the web self education!

State web and Health related web sites!

Use all communication tools available!

Build a community of Caring Navigators

Make Home Your Destination



Questions ?

**Comments
?**

Ideas ?

THANK YOU!

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