



## Additional resources

- Learn more about Healthy Students, Promising Futures:  
<http://www2.ed.gov/admins/lead/safety/healthy-students>
- Download the Healthy Students, Promising Futures toolkit:  
<http://www2.ed.gov/admins/lead/safety/healthy-students/toolkit.pdf>
- Learn more about health insurance opportunities for American Indians and Alaska Natives:  
[www.healthcare.gov/tribal](http://www.healthcare.gov/tribal)
- Learn about coverage options in your state: [www.insurekidsnow.gov](http://www.insurekidsnow.gov)

# Healthy Students, Promising Futures

## School-based health for Indian Country

- Connecting students to insurance
- Health care opportunities in schools
- Building partnerships between schools and tribal health providers

## Healthy children do better in school

Children who have health insurance and the access to health care it provides are:

- Less likely to be chronically absent
- Able to perform better in school
- More likely to complete high school and graduate from college

Healthy Students, Promising Futures is a joint initiative of the U.S. Departments of Education and Health and Human Services. It seeks to connect more children to health care by providing schools with tools to connect students and their families to health insurance and build partnerships between schools and health care providers, including tribal health services.

## Signing up for insurance is easy and affordable:

- Visit your Indian health program,
- Go online to [healthcare.gov/tribal](http://healthcare.gov/tribal), or
- Call 1-800-318-2596



HealthCare.gov



@CMSSGov



#CMSNativeHealth



HealthCare.gov

# 5 Ways to improve students' health care coverage

## 1. Help eligible students and family members enroll in health insurance

Schools can identify students who do not have insurance and connect them and their family members to health care coverage.

Schools can:

- Modify school registration procedures to ask if students are enrolled in insurance
- Provide insurance information at open houses, health fairs, and other events
- Assist parents in determining eligibility for Medicaid and the Children's Health Initiative Program (CHIP)
- Help parents sign their children and themselves up for insurance

Learn more ways to connect students to health insurance at: <https://marketplace.cms.gov/outreach-and-education/ten-ways-to-promote-new-insurance-opportunities-schools.pdf>



## 2. Provide and expand reimbursable health services in schools

Schools may be eligible for reimbursement for Medicaid services delivered in schools to children enrolled in Medicaid. Opportunities include:

- School nurses
- Vision and hearing care
- Physical therapy

## 3. Provide or expand services that support at-risk students, including Medicaid-funded case management

Schools and tribal health providers can work together to provide wraparound services, like mental health care or substance abuse treatment, to students to remove barriers to learning created by health conditions, exposure to violence or trauma, or instability at home.

## 4. Promote healthy school practices through nutrition, physical activity, and health education

Schools can provide:

- Daily physical activity
- High-quality, nutritious school food
- Nutrition and health education

## 5. Building partnerships between schools and tribal health providers

Tribal health providers could perform community health needs assessments in partnership with schools and school districts. These need assessments may identify partnership opportunities like:

- Tribal health providers offering care at schools
- Flu vaccinations at schools
- Educational opportunities to introduce students to health care careers

